

**17th Singapore Open Artistic Swimming Championships 2023**  
**15 - 17 December 2023**  
**Music Training Schedule**

**Date: 14 December 2023 (Thursday)**

	<b>Teams</b>	<b>Start Time</b>	<b>End Time</b>	<b>Duration (minutes)</b>
1	Speediswim	8:00	10:40	2:40
2	Crystal Aquatic Centre	10:40	11:05	0:25
3	Aesthete Aquatics Academy	11:05	12:35	1:30
4	Swimfast Aquatic Club	12:35	14:50	2:15
5	Aquatic Performance Swim Club	14:50	15:45	0:55
6	New Life Team	15:45	16:00	0:15
7	New Zealand Artistic Swimming Federation	16:00	16:20	0:20
8	YFG Artistic Swimming Club	16:20	16:28	0:08
9	Sri Lanka Aquatic Sports Union	16:28	17:18	0:50
10	Wellington College Hangzhou	17:18	17:31	0:13
11	Beijing Yongchuang Artistic Swimming Club	17:31	17:41	0:10
12	Canadian International School of Beijing	17:41	17:49	0:08
13	Macau China	17:49	17:59	0:10
14	Chinese Taipei	17:59	18:14	0:15
15	PALM SPRING Executive Sports Club	18:14	18:22	0:08
16	Canna Synchro Swimming Club	18:22	18:42	0:20
17	Sirimongkol Applied Artistic Swimming Club	18:42	18:52	0:10
18	Auckland Mermaids Synchro Club	18:52	18:56	0:04
19	SUTI Syncho Swimming Club	18:56	19:00	0:04

**Notes :**

1. 14 December 2023 (Thursday) from 8.00am to 7.00pm
  - a. Practice with Music is to be conducted at Competition Pool only at the allocated time as per above schedule
  - b. Practice without Music (with own underwater headset) is also available at Diving pool & training pool
2. Only team that are allocated the scheduled music practice time is allowed to use the Competition Pool
3. Diving Pool & Training Pool will be available for warm up and normal practice during competition days (no music).
4. Teams are allowed to use their own underwater headset for training at Diving Pool & Training Pool
5. Team to prepare thumbdrive as backup
6. Team is to provide listing of music to the music station OR assign person to be at the music station
7. Do be punctual for the music practice. No replacement of music practice if team is
8. Music stops immediately when time is up.
9. In case of bad weather, music practice may be changed, delayed or cancelled
10. The music practice time is subjected to change without prior notice and decisions of the Organising Committee is final