



**SINGAPORE NATIONAL OPEN WATER
SWIMMING CHAMPIONSHIPS 2024
(5 KM)**

4 MAY 2024

@ LAZARUS ISLAND SEA SPORTS CENTRE

EVENT INFORMATION

1.0 COMPETITION INFORMATION

Competition: **Singapore National Open Water Swimming Championships 2024**

Venue: Lazarus Island SEA Sports Centre

Saturday, 4th May 2024 9.00am (Men)

Saturday, 4th May 2024 9.02am (Women)

Entries Closing Date

Wednesday 24th April 2024, 12 noon

Technical Meeting for Team Leaders (Zoom): Thursday, 2nd May 2024

2.0 GENERAL INFORMATION

- 2.1 The event will be conducted in accordance with the World Aquatics Open Water Swimming Rules
- 2.2 Technical Officials – All Technical Officials shall be appointed by the SAQ Technical Swimming Committee.
- 2.3 The SAQ Organising Committee reserves the right to the final decision on all matters pertaining to the competition.

3.0 ELIGIBILITY

- 3.1 The competition is open to swimmers who are:
- Existing **REGISTERED SWIMMERS** of SAQ Affiliates who are of good standing.
 - Existing members of other National Federations affiliated to World Aquatics who meet the entry qualification standards, provided they hold valid participation clearance from their Federation.
- 3.2 The swimmer must be at least 13 years old (born in 2011) to participate in this competition.

4.0 ENTRY REGULATIONS

4.1 Closing date for entries is 12 noon on Wednesday 24th April 2024.

Entries are to be emailed to swim.entries@sqaquatics.org.sg.

Full payment of the registration and entries fees by **Monday, 29th April 2024**

Swimmers **will not be eligible to compete** if the full payment does not reach Singapore Swimming Association by the above deadline.

4.2 To participate in this event, the swimmer is required to achieve a qualifying entry time in the 800m or 1500m event at a SAQ sanctioned meet or overseas NF sanctioned meet from June 2023 based on the time standards below.

4.3 Entry Fees

a. Individual – **S\$54.50** per event (inc GST)

4.4 Entries Fees are to be made payable to “**Singapore Swimming Association**” via PAYNOW by **Monday 29th April 2024**

UEN NO: S61SS0088B703

If payment for the entry fee is not made on time, the entries **will not** be accepted.

5.0 MEDALS, RECORDS & NATIONAL SELECTION

5.1 Medals will be awarded to the top three (3) placings in all the events.

6.0 QUALIFYING ENTRY TIME

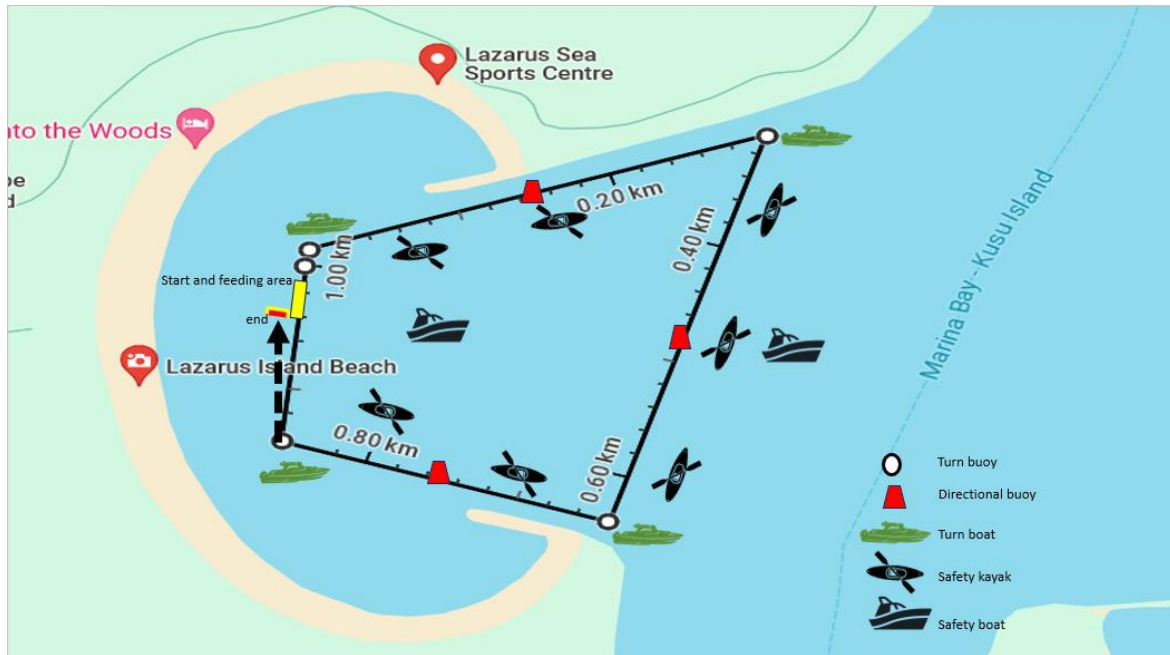
Male		Female	
800m	1500m	800m	1500m
9:38.00	18:34.00	10:20.00	19:37.00

6.1 To participate in this event, the swimmer is required to achieve a qualifying entry time in the 800m or 1500m event at a SAQ sanctioned meet or overseas NF sanctioned meet from June 2023 based on the above QET Standards.

6.2 The event will be stopped (the swimmers will cease to swim) 15 mins after the first swimmer of each gender has completed the race

7.0 PROPOSED RACECOURSE

7.1 Below is the proposed racecourse for the Singapore National Open Water Swimming Championships 2024



8.0 SWIMSUITS

BL 8.4 For open water swimming competitions, with water temperature from 20 C, swimsuits for both men and women shall not cover the neck, nor extend past the shoulder, nor extend below the ankle. Subject to these specific shape specifications, swimsuits for open water swimming competitions shall further comply with all other requirements applicable to swimsuits for pool swimming competition.

9.0 TERMS & CONDITIONS

- 9.1 All Participants who are entered Singapore National Open Water Swimming Championships 2024 is deemed to have given written permission to the Organizers to collect, analyse and collate any personal information relating to that Participant, as the Organizers may in their sole discretion deem fit, including without any limitation information for the Organizers' programme, planning, data-processing, statistical or risk-analysis, research, fund-raising and/ or, any other purposes in furtherance of the functions or powers of SAQ.
- 9.2 Whilst reasonable precaution will be taken by the Organizers to ensure the Participants' safety, Participants take part Singapore National Open Water Swimming Championships 2024 at their own risk and the Organizers will not be responsible or held liable for any injury or death howsoever arising from training for or during participation in Singapore National Open Water Swimming Championships 2024. Participants are strongly encouraged to consult their medical practitioner prior to registration and before the actual race day.
- 9.3 In the event of harsh weather conditions that could cancel the Singapore National Open Water Swimming Championships 2024, SAQ reserves the right not to refund entry fees or any other charges submitted by the teams and/ or individuals at the Singapore National Open Water Swimming Championships 2024.