

1 Competition	<p>2nd South-East Asian Open Water Swimming Championship 28 to 30 June 2024 / Bali, Indonesia Open Water Swimming 5km, 10km, Mixed Relay Age and Open Categories</p> <p>NOTE – 2nd SEA OW is the Selection Meet for World Junior OW Champion</p>
Qualifying Period	1 January 2024 to 5 May 2024
Initial Release Date	11 April 2024

Selection Events	Singapore National Open Water (SNOW) Championships 2024 World Championships, Doha 2024
Eligibility	<p>To be considered for selection, a swimmer must meet ALL the following eligibility criteria:</p> <ul style="list-style-type: none"> • Be a Singapore citizen, eligible to represent Singapore. • Be a registered member of SAQ in good standing. • Have a signed current SAQ Athlete Agreement. • Have competed in an above qualification meet unless granted an exemption under the provisions of the criteria by the SAQ Selection committee. This exemption will only be granted due to extenuating circumstances. On request of SAQ, evidence shall be provided of the extenuating circumstances, prior to the exemption being considered. Extenuating circumstances can include but is not limited to: <ul style="list-style-type: none"> a. Injury or Illness b. Equipment Failure c. Travel Delays d. Bereavement e. Such other circumstances as the selectors may consider to be relevant. • Continues to train for, behave and act towards peak swimming performance. • Be available to fulfil the Team Commitments as listed below and any additional commitments following selection, as allowed by the permanent geographical training location. • Not used or administered any substance which, if it had been detected as being present in the athlete’s body tissue or fluids, would have constituted doping, or used any prohibited method or committed any other doping offence as defined in ADS’s, WADA or WA’s Anti-Doping By-law.
Team Commitments	<p>All swimmers and officials must:</p> <ul style="list-style-type: none"> • Comply with the provisions of the SAQ Athletes/Officials Agreement at all times. • Conform to SAQ requirements regarding team participation. This includes, but may not be limited to, providing an acceptable training plan, attendance at a pre-event camp and wearing team uniform as required. <ul style="list-style-type: none"> a. Make themselves available for all team activities designated by SAQ. • Not act in such a manner as to bring the athlete or SAQ into public disrepute. <p>All swimmers and officials are required to appear at events and platforms whereby their images and presence are used to achieve SAQ’s objectives.</p>

Performance Requirements	<p>Each event at 2nd SEA OW regardless of age category, allows a maximum of 8 participants per gender. Only 2 swimmers from each age group per country will be eligible to finish on the podium.</p> <p>Due to 2nd SEA OW Champs being a selection meet for World Juniors OW Championships, priority is to maximise opportunity for World Juniors OW categories. Therefore, the 14-15 year old 5km and the 16-17 year old 7.5km World Junior OW Championships team will be selected from the 5km finishers at 2nd SEA OW. The 18-19 category for World Junior OW Championships will be selected from the 10km finishers at the 2nd SEA OW.</p> <p>Individual Events contested at World Juniors OW Championships</p> <table border="1"> <thead> <tr> <th>Race</th> <th>Age Group</th> </tr> </thead> <tbody> <tr> <td>5km Boys</td> <td>14-15 y/o</td> </tr> <tr> <td>5km Girls</td> <td>14-15 y/o</td> </tr> <tr> <td>7.5km Boys</td> <td>16-17 y/o</td> </tr> <tr> <td>7.5km Girls</td> <td>16-17 y/o</td> </tr> <tr> <td>10km Boys</td> <td>18-19 y/o</td> </tr> <tr> <td>10km Girls</td> <td>18-19 y/o</td> </tr> </tbody> </table> <p>Individual Events contested at 2nd SEA OW</p> <table border="1"> <thead> <tr> <th>Race</th> <th>Age Group</th> </tr> </thead> <tbody> <tr> <td>5km Boys</td> <td>14-15 y/o</td> </tr> <tr> <td>5km Girls</td> <td>14-15 y/o</td> </tr> <tr> <td>5km, 10km Boys</td> <td>16-17 y/o</td> </tr> <tr> <td>5km, 10km Girls</td> <td>16-17 y/o</td> </tr> <tr> <td>5km, 10km Boys</td> <td>18-19 y/o</td> </tr> <tr> <td>5km, 10km Girls</td> <td>18-19 y/o</td> </tr> <tr> <td>5km, 10km Boys</td> <td>20 and over</td> </tr> <tr> <td>5km, 10km Girls</td> <td>20 and over</td> </tr> </tbody> </table> <p>All swimmers are eligible to swim both the 5km and 10km events should they qualify and be selected within the following priorities.</p> <p>Selection for 5km for 2nd SEA OW Top 3 finishers (14-15 y/o) per gender Top 3 finishers (16-17 y/o) per gender Top 2 18+ y/o finishers per gender 1st priority – Top 6 Asian finishers at World Championships Doha OW 2nd priority – Next available 18-19 y/o finisher by gender 3rd priority – Next available finisher by gender</p> <p>Should there be any spaces available per gender after the above selection is completed, they will be filled by order of finish regardless of age category. Selection must be by gender (i.e. swimmers from one gender cannot be selected to fill space in the other gender).</p> <p>Selection for 10km for 2nd SEA OW Top 6 18+ y/o finishers per gender 1st priority – Top 6 Asian finishers at World Championships Doha OW 2nd priority – Next available finisher by gender Top 2 Under-18 y/o per gender</p> <p>Remaining spaces per gender will be filled by order of finish regardless of age category. Selection must be by gender (i.e. swimmers from one gender cannot be selected to fill space in the other gender).</p> <p>Criteria for Selection for Relay Events:</p> <ul style="list-style-type: none"> • Selections for relays will be done from within the total team selected for the 2nd SEA OW 2024 • SAQ philosophy is to ensure that the best possible relay team represents Singapore at the Championship meet. The final 	Race	Age Group	5km Boys	14-15 y/o	5km Girls	14-15 y/o	7.5km Boys	16-17 y/o	7.5km Girls	16-17 y/o	10km Boys	18-19 y/o	10km Girls	18-19 y/o	Race	Age Group	5km Boys	14-15 y/o	5km Girls	14-15 y/o	5km, 10km Boys	16-17 y/o	5km, 10km Girls	16-17 y/o	5km, 10km Boys	18-19 y/o	5km, 10km Girls	18-19 y/o	5km, 10km Boys	20 and over	5km, 10km Girls	20 and over
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	<p>composition of the team will be determined by the coaching and management staff at the competition.</p> <p>Top 2 Male/Female per relay age category will be designated to swim in mixed age group and Open relay events respectively.</p>
Team Size	<ol style="list-style-type: none"> 1. A maximum of 16 male and 16 female swimmers can be selected for the 2nd SEA OW. 2. This is a self-funded trip. SAQ will cover the costs of coaches nominated and SAQ appointed Team Manager for the trip. 3. SAQ shall not be obligated to take a full team of sixteen swimmers per gender should qualifying swimmers or suitable developing swimmers not be available for selection.
Coaches Selection	<p>SAQ will nominate up to 8 assistant coaches for the championship, depending on number of swimmers attending and capacity to cover OW requirements to assist swimmers during 10km events.</p> <p>Assistant Coaches will be selected in accordance to the following priority:</p> <ol style="list-style-type: none"> 1. Coach of record with the highest ranked swimmer regardless of gender. 2. Coach of record with next highest ranked swimmer regardless of gender and will follow ranking until all selections are completed. <p>The nominated coach of an athlete must be the coach of record for at least 3 months prior to the athlete's selection to the 2nd SEA OW Team and remain the coach of record through the championship.</p>
Notes	<p>The Championship will be held under the auspices of the South-East Asian Swimming Federation (SEASF). The Championship will run under World Aquatics and Asian Aquatics Rules and Regulations.</p> <p>The selection committee will consist of the following</p> <ul style="list-style-type: none"> • Vice President (Swimming) • Assistant Secretary General (Swimming) • National Head Coach • Technical Director • National Training Centre Head Coach <p>The appeals committee will consist of the following</p> <ul style="list-style-type: none"> • SAQ President • SAQ Secretary General • Ho Mun Wai <p>All athletes have the right to appeal.</p> <p>(HPM - High Performance Manager: Tracie Tan, tracie.tan@sgaquatics.org.sg)</p>
Approved Date	11 April 2024

Addendum

EVENTS

Events will be held for both MALE & FEMALE in the following categories: -

EVENT: 5KM MEN

No.	CATEGORY	GOLD	SILVER	BRONZE
1	14-15 YEARS BOYS	1	1	1
2	16-17 YEARS BOYS	1	1	1
3	18-19 YEARS BOYS	1	1	1
4	20 YEARS & ABOVE MEN	1	1	1
5	OVERALL MEN (ACROSS ALL AGE CATEGORIES)	Trophy	-	-

EVENT: 5KM WOMEN

No.	CATEGORY	GOLD	SILVER	BRONZE
1	14-15 YEARS GIRLS	1	1	1
2	16-17 YEARS GIRLS	1	1	1
3	18-19 YEARS GIRLS	1	1	1
4	20 YEARS & ABOVE WOMEN	1	1	1
5	OVERALL WOMEN (ACROSS ALL AGE CATEGORIES)	Trophy	-	-

EVENT: 10KM MEN

No.	CATEGORY	GOLD	SILVER	BRONZE
1	16-17 YEARS BOYS	1	1	1
2	18-19 YEARS BOYS	1	1	1
3	20 YEARS & ABOVE MEN	1	1	1
4	OVERALL MEN (ACROSS ALL AGE CATEGORIES)	Trophy	-	-

EVENT: 10KM WOMEN

No.	CATEGORY	GOLD	SILVER	BRONZE
1	16-17 YEARS GIRLS	1	1	1
2	18-19 YEARS GIRLS	1	1	1
3	20 YEARS & ABOVE WOMEN	1	1	1
4	OVERALL WOMEN (ACROSS ALL AGE CATEGORIES)	Trophy	-	-

EVENT: 4 X 1.5KM MIXED RELAY (2M & 2W)

No.	CATEGORY	GOLD	SILVER	BRONZE
1	MIXED < 18	4	4	4
2	MIXED RELAY (OPEN)	4	4	4

From World Aquatics Competition Rulebook



COMPETITION REGULATIONS

PART THREE: OPEN WATER SWIMMING RULES



1.5 World Aquatics Junior Open Water Swimming Championships

1.5.1 Age Groups

The Age Groups as of 31st December of the year of the competition are:

- 14-15 years Boys and Girls
- 16-17 years Boys and Girls
- 18-19 years Boys and Girls

1.5.2 Individual Events

- 14-15 years 5 km Boys and Girls
- 16-17 years 7.5 km Boys and Girls
- 18-19 years 10 km Boys and Girls

1.5.3 Mixed Team Relays

1.5.3.1 The distance

Mixed 4 x 1500m

1.5.3.2 Description of the Race

As per Part Three, Article 1.3.1

1.5.3.3 Competition Program

	Day 1	Day 2	Day 3
Morning	14-15 years 5 km	18-19 years 10 km	14-16 years Relay Event
Afternoon	16-17 years 7.5 km		Open Relay Event