

# **SINGAPORE AQUATICS**

## ***SAQ FUTURES MEET IV***

***30<sup>th</sup> August – 1<sup>st</sup> September 2024***  
***Singapore Sports School***

## 1.0 GENERAL INFORMATION

**Entries Closing Date** Monday, 12<sup>th</sup> August 2024, 2.00pm

**Technical Meeting for Team Leaders  
(via Zoom)** Monday, 26<sup>th</sup> August 2024, 11.00am

Competition: SAQ FUTURES MEET IV

Venue: Singapore Sports School, 1 *Champions Way*

- 1.1 The Championships shall be conducted under the Rules and By-laws of World Aquatics as prescribed in the Competition Regulations of World Aquatics (in force as of 1 January 2024). One-start rule applies. The list of approved swimsuits can be viewed at <https://www.worldaquatics.com/swimming/approved-swimwear>
- 1.2 The Championships are open only to the following:
- a. Swimmers who are existing members of SAQ Affiliates (thereafter known as Affiliates).
  - b. Members of other Federations affiliated to WORLD AQUATICS who meet the entry qualification standards (where applicable) provided they hold a valid clearance from their Federation.
- 1.3 All entries must be submitted through SAQ Affiliates or WORLD AQUATICS-affiliated Federations.

## 2.0 ENTRY REGULATIONS

### 2.1 AGE GROUPS

A swimmer may only compete in the stipulated age group in which he/she falls under.  
Age groups are computed as of follows:

11 – 18 years old (*for swimmers born between 2006 to 2013*)

2.2.0 **Closing date for entries** – Monday 12<sup>th</sup> August 2024, 2.00pm  
**Deadline for payment** – Friday 23<sup>rd</sup> August 2024, 2.00pm

All Entries are to be emailed to swim.entries@sqaquatics.org.sg & tessa.seet@sqaquatics.org.sg

a. There is no entry qualifying time to participate at the FUTURES Swim Meet

However, the participating swimmers must achieve a minimum time standard at this meet.

An administrative fee of **S\$32.70 (inclusive of 9% GST)** per event will be imposed if a swimmer returns time slower than the minimum time standard

b. Entries must be accompanied by full payment of the registration and entries fees. Swimmers **will not be eligible to compete** if the full payment does not reach Singapore Aquatics by the below deadline.

c. There is no limit to the number of individual entries per swimmer

2.2.1 **Swimmers Registration Fee** (For local and international swimmers)

2024 Annual Registration Fee is **S\$43.60 (inclusive of 9% GST)** per swimmer. For those who have paid in the first half of the year, this payment is not required.

This fee is also applicable to foreign swimmers.

2.2.2 **International Swimmer Admin Fee**

An \*International Swimmer Admin Fee of **\$43.60 (inclusive of 9% GST)** per individual for entry to the meet applicable to all foreign participants who are NOT living in Singapore and is NOT holding a valid #FIN Number. This fee is a per meet fee and not an annual fee.

2.2.3 **International Coach / Team Official Admin Fee**

An Admin Fee of **S\$87.20 (inclusive of 9% GST)** per individual and per accreditation pass for entry to the meet applicable to all foreign coaches, team managers and support staffs from the overseas participating teams. **This fee is a per meet fee and not an annual fee.**

**2.2.4 Letter of Support for Foreign Teams**

A letter of support to endorse the foreign team's participation from each foreign team's respective National Federations must be submitted along with their entries.

**2.2.5 Entry Fee (Applicable to Singaporean and international swimmers)**

Individual Event - **S\$16.35 (inclusive of 9% GST)** per event

**2.2.6 Late Entries Charges:**

Late entries after the entries deadline can be accepted but at the cost of twice the entry fee per event inc of 9% GST

Individual Event - **S\$32.70 (inclusive of 9% GST)** per event

This double charge will be in effect for entries that are submitted between 12<sup>th</sup> August 2.01pm till Friday 23<sup>rd</sup> August 2024 10.00am.

2.2.7 Changes and corrections may be made up to the meet entry deadline without penalty. Any changes, amendments, and corrections to the entries after the deadline of 12<sup>th</sup> August may be made up till before the release of the psych sheet at a cost of **S\$32.70** per change or correction (For example: a change in entry timing, switching events or removing a swimmer/event).

**Deadline for Amendments – Friday, 23<sup>rd</sup> August 2024 10.00 am**

Withdrawals of entered events can be done at no charge only at the Team Leaders Meeting on the hardcopy forms but entries fees will not be refunded.

2.3 Cheque and payment for all registration and entries are to be made payable to “**Singapore Swimming Association**” by latest **2.00pm on Friday, 23<sup>rd</sup> August 2024**. If payment for the entry fee is not made on time, the entries **will not** be accepted.

### 3.0 COMPETITION INFORMATION

- 3.1 Events listed below for Boys and Girls
- a. Freestyle: 50m, 100m, 200m and 400m, 800m (f), 1500m (m)
  - b. Backstroke: 50m, 100m and 200m
  - c. Breaststroke: 50m, 100m and 200m
  - d. Butterfly: 50m, 100m and 200m
  - e. Individual Medley: 200m and 400m
- 3.2 Format of Competition – The SAQ FUTURES MEET IV is run in the World Aquatics Long-Course Metres (LCM) format over 3 consecutive days
- The meet will be run in a timed finals format in 10 Lanes Pool setup from slowest to fastest. Competitors (regardless of age) shall be placed in graduated time order, slowest to fastest in 10-lane pool.
- 3.3 Technical Officials – All Technical Officials shall be appointed by the SAQ Technical Swimming Committee.

### 4.0 WITHDRAWALS

- 4.1 An administrative fee of **S\$32.70 (inclusive of 9% GST)** shall be imposed on each withdrawal from entered event after the release of the start list till 60 mins before the start of each session.
- 4.2 Withdrawals within sixty (60) minutes of the start of each session (Heats or Finals) or without notification to the Control Room Supervisor shall be deemed Did Not Show or Did Not Start (DNS). A penalty of **S\$109.00 (inclusive of 9% GST)** shall be imposed on all DNS.
- 4.3 Withdrawals for finals **including** the Reserve Swimmers of each event must be presented to the Control Room Supervisor **within 30 minutes of the posting of the provisional start list** in order to avoid the administrative fee.
- 4.4 The administrative fee and penalty will be waived if the swimmer produces a valid medical certificate for the relevant day of the race. However, the swimmer will not be permitted to participate in any further races for the day.

## 5.0 ACCREDITATIONS

5.1 Club Accreditations (inclusive of coaches, team manager and support staff) will be assigned based on swimmers’ size in the competition

<i>No. of swimmers in individual events</i>	<i>No. of Coaches Pass</i>	<i>No. of Team Managers Pass</i>
1 to 5 swimmers	1	1
6 to 10 swimmers	2	1
11 to 15 swimmers	3	1
16 to 20 swimmers	4	1
21 to 30 swimmers	5	2
31 to 45 swimmers	6	2
46 to 60 swimmers	7	3
61 to 75 swimmers	8	4
76 swimmers and above	9	4

Starting from 1 July 2018, coaches who wish to apply for an accreditation pass to be on deck during national competitions must be an NROC Member.

Clubs / Schools are required to send in the names of their coaches and team managers with their entry files to secure a pass.

Please note that the pool deck at all Singapore Aquatics national competitions are strictly reserved for registered athletes, coaches, essential support staff, event staff or other persons approved by Singapore Aquatics.

All accreditation cards remain the property of Singapore Aquatics, are NON-TRANSFERABLE, and can be withdrawn or refused at Singapore Aquatics’s sole discretion.

Please note that applying for an accreditation under false pretences would be a violation of accreditation procedures. In order to ensure a safe and inclusive training and competition environment, we would ask that rules and regulations surrounding accreditation be respected. Anyone found to be in violation of this will have their accreditation removed and will be asked to leave the venue immediately.

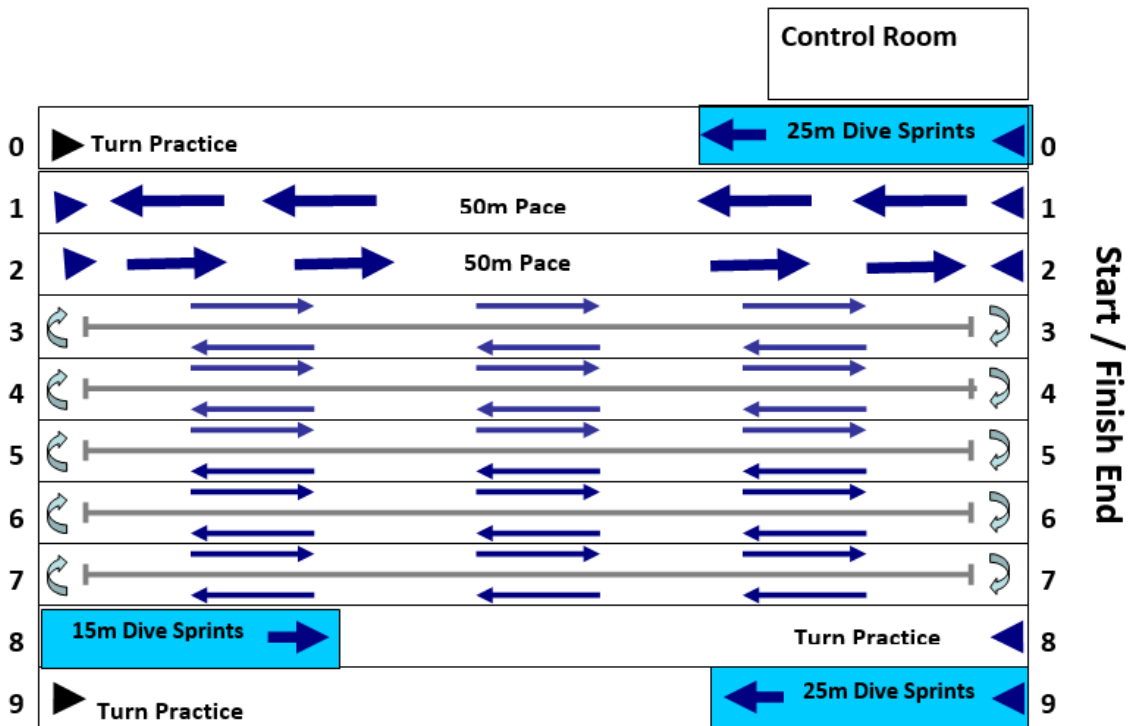
### 5.2 Lost or Misplaced Accreditation Passes

Replacement passes are available at the following:

<u>Replacement Cost for Misplaced or Lost Accreditation Pass</u>	
Coach / Team Manager / Parent	SGD \$100
Swimmer	SGD \$30

## 6.0 WARM-UP GUIDELINES

- 6.1 The Competition and Warm-Up Pools will be available for warm-ups one and the half hour before the competitions commence. The Competition Pool will be closed fifteen (15) minutes before the beginning of each session.
- 6.2.1 Lane assignments for warm-ups will be in accordance with World Aquatics Swimming Rules



### 6.3 Competition Pool

- a. The schematic in the diagram shall be observed at all times during warm-ups.

There shall be **NO DIVING** in the Circle Swimming Lanes, the Turn Practice Lanes, and the 50m Pace Lane (opposite side). Entry to these lanes is via feet first entry from the sitting position at all times.

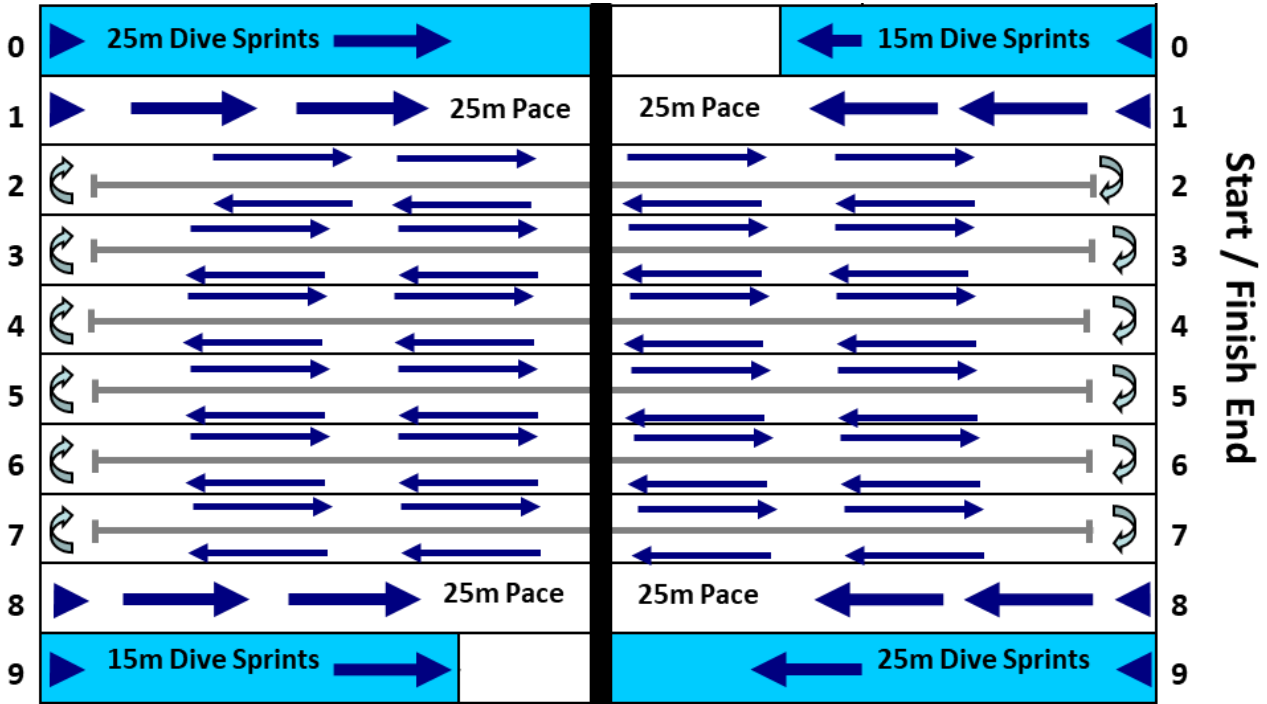
The Dive Sprint Lanes are one-way only – swimmers should clear the lanes immediately and walk back. Swimmers are advised to exercise caution when doing Backstroke starts.

Coaches and Team Officials will be allowed on the Competition Pool Deck during the warm-up sessions.

In order to ensure a smooth Swimming Competition Time-Lines Compliance, eliminate unnecessary downtime due to infraction enquiry to the Referee, promote Fair Play during the Swimming Competition and eliminate Technical Officials duty obstruction, the Pool Deck is strictly out of

bound to ALL except the Technical Officials on duty, Swimming Competition Management Committee, Appointed Volunteer, Appointed Media Coverage Personnel.

**6.4 Training Pool Guideline**



**7.0 CONTROL ROOM GUIDELINES**

**(Infraction Enquiry or Clarification)**

- a. Request for the details of Infraction committed by the swimmer or swimmers shall be made to the Swimming Competition Meet Director by the Team Leader. No proxies will be entertained.
- b. In the absence of Meet Director, the infraction enquiry shall be directed only to the Deputy Meet Director or Control Room Supervisor.
- c. Enquiry of infraction shall be made within the same day of competition.
- d. Team Leader shall provide Swimmer Details i.e. Event Number, Heat Number, Swimmer's Name, Affiliate Name and Lane assigned,
- e. ONLY the Team Leader shall be allowed access to Swimming Competition Control Room to retrieve final result print-outs, submission of necessary paperwork and Infraction Enquiry. No proxies shall be allowed.



## 8.0 PROTESTS

- 8.1 Protests are possible:
- a. if the rules and regulations for the conduct of the competition are not observed,
  - b. if other conditions endanger the competitions and/or competitors, or
  - c. against decisions of the referee;
  - d. however, no protest shall be allowed against decisions of fact.
- 8.2 All protests shall be considered by the Meet Referee. However, protests against decisions of fact shall not be allowed.
- 8.3 If conditions causing a potential protest are noted prior to the competition, a protest must be lodged before the signal to start the race is given.
- 8.4 Protests must be submitted in accordance with the following:
- a. In writing, with the supporting facts.
  - b. With a deposit of **S\$100.00** enclosed.
  - c. Submitted to the Meet Referee by Affiliate Team Leader. No proxies will be entertained.
  - d. Submitted within thirty (30) minutes following the conclusion of the respective event.
- 8.5 If the Meet Referee rejects the protest, he/she must state the reasons for his decision. The Team Leader may then appeal the rejection to the Jury of Appeal, whose decision shall be final.
- 8.6 If the protest is rejected, the deposit shall be forfeited to the Organising Committee of the competition. If the protest is upheld, the deposit shall be returned.

## 9.1 Minimum Time Standard (MTS)

12 – 18 Years Old Age Group

Events	Boys			Girls		
	11 – 13 years	14 – 15 years	16 - 18 years	11 – 13 years	14 – 15 years	16 - 18 years
50 LC Meter Freestyle	00:34.47	00:32.63	00:31.88	00:37.93	00:36.37	00:35.53
100 LC Meter Freestyle	01:15.45	01:11.14	01:09.35	01:22.30	01:18.33	01:16.40
200 LC Meter Freestyle	02:45.41	02:36.19	02:33.35	02:59.07	02:51.85	02:49.48
400 LC Meter Freestyle	05:51.48	05:36.24	05:29.32	06:14.76	06:07.32	06:04.32
50 LC Meter Backstroke	00:40.34	00:37.77	00:37.51	00:43.43	00:42.28	00:41.29
100 LC Meter Backstroke	01:27.02	01:22.54	01:20.47	01:33.97	01:29.99	01:30.42
200 LC Meter Backstroke	03:09.86	03:01.72	02:54.52	03:23.90	03:20.85	03:17.52
50 LC Meter Breaststroke	00:43.64	00:40.85	00:39.54	00:48.13	00:46.82	00:45.12
100 LC Meter Breaststroke	01:35.73	01:29.90	01:28.41	01:44.21	01:41.87	01:40.46
200 LC Meter Breaststroke	03:27.48	03:16.61	03:09.63	03:47.54	03:33.44	03:41.08
50 LC Meter Butterfly	00:37.06	00:35.01	00:34.66	00:40.36	00:38.75	00:38.09
100 LC Meter Butterfly	01:22.87	01:17.16	01:16.70	01:30.14	01:26.00	01:24.23
200 LC Meter Butterfly	03:07.97	02:57.23	02:51.01	03:23.03	03:17.36	03:15.73
200 LC Meter IM	03:08.07	02:58.54	02:52.27	03:21.63	03:17.74	03:20.63
400 LC Meter IM	06:52.45	06:27.39	06:05.97	07:15.09	07:12.24	06:55.22
800 LC Meter Freestyle				13:08.46	12:47.49	12:38.83
1500 LC Meter Freestyle	23:47.80	22:33.29	21:53.35			

## 10.0 Order of Events

Programme for the 11 – 18 years old adopted from the 2024 SEA AGE programme.

<b>30<sup>th</sup> August 2024 (Friday) – Day 1</b> <b>Start Time: 9.15am</b>			
Event No.	Session 1	Events	Remarks
101	Boys	400m Freestyle	Slowest to Fastest  11 to 18 years old
102	Girls	400m Freestyle	
103	Boys	50m Breaststroke	
104	Girls	50m Breaststroke	
105	Boys	100m Backstroke	
106	Girls	100m Backstroke	
107	Boys	100m Butterfly	
108	Girls	100m Butterfly	
109	Boys	200m Individual Medley	
110	Girls	200m Individual Medley	
111	Boys	50m Freestyle	
112	Girls	50m Freestyle	

<b>31<sup>st</sup> August 2024 (Saturday) – Day 2</b> <b>Start Time: 9.15am</b>			
Event No.	Session 3	Events	Remarks
201	Boys	200m Freestyle	Slowest to Fastest  11 to 18 years old
202	Girls	200m Freestyle	
203	Boys	50m Butterfly	
204	Girls	50m Butterfly	
205	Boys	200m Backstroke	
206	Girls	200m Backstroke	
207	Boys	100m Breaststroke	
208	Girls	100m Breaststroke	
209	Boys	400m Individual Medley	
210	Girls	400m Individual Medley	

<b>1st September 2024 (Sunday) – Day 3</b>			
<b>Start Time: 9.15am</b>			
<b>Event No.</b>	<b>Session 5</b>	<b>Events</b>	<b>Remarks</b>
301	Boys	50m Backstroke	Slowest to Fastest  11 to 18 years old
302	Girls	50m Backstroke	
303	Boys	100m Freestyle	
304	Girls	100m Freestyle	
305	Boys	200m Breaststroke	
306	Girls	200m Breaststroke	
307	Boys	200m Butterfly	
308	Girls	200m Butterfly	
309	Boys	1500m Freestyle	
310	Girls	800m Freestyle	

**11.0 OTHER TERMS & CONDITIONS**

- 11.1 All Participants who are entered in the SAQ FUTURES MEET IV are deemed to have given written permission to the Organizers for the Organizers to collect analyse and collate any personal information relating to that Participant, as the Organizers may in their sole discretion deem fit, including without any limitation information for the Organizers’ programme, planning, date-processing, statistical or risk-analysis, research, fund-raising and/ or, any other purposes in furtherance of the functions or powers of SAQ.
- 11.2 Whilst reasonable precaution will be taken by the Organizers to ensure the Participants’ safety, Participants take part in SAQ FUTURES MEET IV at their own risk and the Organizers will not be responsible or held liable for any injury or death howsoever arising from training for or during participation in this SAQ FUTURES MEET IV . Participants are strongly encouraged to consult their medical practitioner prior to registration and before the actual race day.
- 11.3 In the event of harsh weather conditions that could cancel SAQ FUTURES MEET IV , SAQ reserves the right not to refund entry fees or any other charges submitted by the teams and/ or individuals at SAQ FUTURES MEET IV.

**12.0 KEY DATES**

Date & Time	Event	Venue
Monday 12 <sup>th</sup> August 2024, 2.00 pm	Closing Date for Entries Submission	Via email to <a href="mailto:swim.entries@sqaquatics.org.sg">swim.entries@sqaquatics.org.sg</a> <a href="mailto:tessa.seet@sqaquatics.org.sg">tessa.seet@sqaquatics.org.sg</a>
13 <sup>th</sup> August to 22 <sup>nd</sup> August 2024	Entries list by affiliates/ teams will be sent for verification	-
Friday, 23 <sup>rd</sup> August 2024	Deadline for Payment for Entries	-
Friday 23 <sup>rd</sup> August 2024, 12 noon	Preliminary Entries List (Psych Sheet) will be sent out to all participating affiliates/teams	-
Monday 26 <sup>th</sup> August 2024, 11.00am	Team Leaders Meeting	Online on Zoom. Link will be sent nearer to the date.
30 <sup>th</sup> August – 1 <sup>st</sup> September	SAQ FUTURES MEET IV	Singapore Sports School