

Competition	<b>33<sup>rd</sup> SEA Games 2025, Thailand</b> <b>WATER POLO (MEN &amp; WOMEN)</b>
Qualifying Period	6 JAN 2025 - 5 SEP 2025
Initial Release Date	6 JAN 2025

<p>1. The Event</p>	<p>1.1 33<sup>rd</sup> SEA Games 2025, Thailand</p> <p>1.2 Singapore Aquatics Water Polo (SWP) intends to nominate athletes to SNOC in the following events;</p> <p style="text-align: center;">Men’s Water Polo Team Event Women’s Water Polo Team Event</p> <p>1.3 In accordance with the SWP selection process, it has a Selection Panel which comprises identified selectors as stated in paragraph 9. The selection panel will consider athletes to be nominated to SNOC for inclusion in the 33<sup>rd</sup> SEA Games 2025.</p>
<p>2. Eligibility</p>	<p>2.1 To be considered for selection, a water polo athlete must meet all of the following eligibility criteria:</p> <p>2.1.1 Athletes must be Singapore Citizens, and should not be holding dual citizenship if they are above 22 years old, at the time of nomination.</p> <p>2.1.2 Have a signed current Singapore Aquatics (SAQ) Athlete Agreement.</p> <p>2.1.3 Able to commit to training with minimum of 80% attendance, unless with reason(s) reported to National Head Coach, Asst Head Coach and/or Team Manager prior. Attendance include a commitment to a regular strength and conditioning and fitness program under the purview of SSI S&amp;C program thrice weekly at SSI gym/AQC gym/Personal gym if schedule does not permit at the regular S&amp;C time.</p> <p>2.1.4 Able to participate in international competitions or training trips in the months prior to selection and leading to the 33<sup>rd</sup> SEA Games 2025.</p> <p>2.1.5 Athletes must be in the selection squad training during the qualifying period to be considered for the selection and communicated to the Team Head Coach. This includes players on overseas attachments that have been identified to be qualified in the selection.</p>

	<p>2.1.6 Not used or administered any substance which, if it had been detected as being present in the athlete’s body tissue or fluids, would have constituted doping, or used any prohibited method or committed any other doping offence as defined in ADS’s, WADA or World Aquatic’s Anti-Doping By-law.</p> <p>2.1.7 In addition, all water polo athletes must also be in compliance to the SNOC selection criteria. (Refer to Annex A for SNOC selection criteria)</p> <p>2.1.8 Selection shall be based not only on the sports performance of an athlete but also on his ability to serve as an example to the sporting youth of his country</p>
<p>3. Team Commitments</p>	<p>3.1 All water polo athletes and officials must:</p> <p>3.1.1. Comply with the provisions of the SAQ and SNOC Athletes Agreement at all times.</p> <p>3.1.2. Conform to SAQ’s requirements regarding team participation. These include, but may not be limited to, providing an acceptable training plan, attendance at training camps and wearing of the team uniform.</p> <p>3.1.3. Make themselves available for all team activities designated by SAQ.</p> <p>3.1.4. Not act in such a manner as to bring the athlete or SAQ into public disrepute.</p> <p>3.1.5. Each athlete (including reserve athlete/s) will also be required to sign the SNOC athlete agreement.</p> <p>3.1.6. The agreement may contain conditions to contribute part of medal winnings, under the Multi-Million Award Program (MAP), back to the SAQ.</p>
<p>4. Final Nomination and Selection</p>	<p>4.1 The Selection Panel will consider the performance of the athletes and whether their standard is suitable for participation at the 33<sup>rd</sup> SEA Games 2025.</p> <p>4.2 The Selection Panel will take into consideration the following criteria (Refer to Annex B and C for assessment rubric) :</p> <p>4.2.1. Position-specific performance</p> <p>4.2.2. Fitness</p> <p>4.2.3. Attendance</p> <p>4.2.4. Injury risk/status</p> <p>4.2.5. Versatility</p> <p>4.2.6. Compatibility</p>

	<p>4.2.7. Deployability 4.2.8. Input from Sports Science</p> <p>4.3 These criteria would be announced to the team when the selection squad has been formed. The athletes must also be informed early and in accordance to the timeline in paragraph 6 so that athletes are aware to create a healthy environment amongst the athletes to want to give their best for the selection.</p> <p>4.4 Below are the tentative key dates for reference (subject to final confirmation by the Organiser):</p> <ul style="list-style-type: none"> <li>• 8 March – Entry by Sports deadline</li> <li>• 8 April – Entry by Number deadline</li> <li>• 15 April – The Longlist phase begins via Sports Sync</li> <li>• 15 May – Nomination phase begins via Sports Sync</li> <li>• July – Long list and nomination deadline (exact date TBC)</li> <li>• August – Selection committee meeting (date TBC)</li> <li>• August/September – Appeal committee meeting (date TBC)</li> <li>• 19 September – Entry by Name deadline</li> </ul>
<p>5. Reserve Team Members</p>	<p>5.1 In addition to the nominated athletes for the National Team, the Selection Panel <b>may</b> select 3 to 5 athletes to be the reserve team members. In the event that a nominated athlete is unable to attend the Competition for whatever reason, the Selection Panel reserves the right to nominate a reserve member as replacement.</p> <p>5.2 Reserve Team Members <b>may</b> be offered positions in overseas training camps and competitions.</p>
<p>6. Selection and Team Announcement Procedure</p>	<p>6.1 Prior to selection of the National Team, the National Head Coaches can form a selection squad (i.e. long list) of which they will select the final athletes (i.e. short list) for the Men’s and Women’s National team. The National Head Coaches retain the right, in appropriate circumstances, to select players as they deemed that deserve and have the potential for the National Teams.</p> <p>6.2 The following will be the process and will be coordinated between the National Head Coaches and the Assistant Secretary-General (Water Polo).</p> <p>6.2.1 Prior to 90 days before the 33<sup>rd</sup> SEA Games 2025, the National Head Coaches would advise the top 16 to 20 players that they are being considered for selection.</p> <p>6.2.2 Prior to 60 days to SEA Games, the National Head Coaches will present their proposals for the final 13 athletes and 3 reserves to the Selection Panel for final selection. The National Team members are only declared official after ratification by the Assistant Secretary-General (Water Polo).</p>

	<p>6.2.3 Once ratified, the National Head Coaches will inform the final 13 selected players for the Men’s and Women’s teams respectively that they are successful. By agreement, between the National Coach and Assistant Secretary General Water polo, the teams will be announced 30 days before 5 Sep 2025.</p> <p>6.2.4 The National Head Coaches will also contact players who have not been selected to explain why they had not been successful and to advise and continue to encourage them. Wherever possible, the contact should be made in person.</p> <p>6.2.5 Any changes to the ratified squad or publicly announced team, due to injury, suspension, withdrawal or other supervening cause, will be immediately notified to the Assistant Secretary General Water polo, prior to any replacement being called up or any announcement thereof.</p>
<p>7. Unavailability for or withdrawal from selection</p>	<p>7.1 Any player who makes himself unavailable for selection, or having been selected withdraws without justifiable reasons will be excluded from the National Teams.</p> <p>7.2 In relation to withdrawal due to injury, the Selection Committee shall require a report from the Physiotherapist and/or Physician before making its decision on a replacement.</p> <p>7.3 The replacement will be made from the reserves that had been selected.</p>
<p>8. Appeals Procedure</p>	<p>8.1 Any player who is aggrieved at his non-selection may undertake a grievance procedure.</p> <p>That procedure will be as follows:</p> <p>8.1.1. The player will apply to the Executive Director of Singapore Aquatics within 48 hours of being made known that he is not selected for the National Team of his intention to undergo the grievance procedure.</p> <p>8.1.2. The player must not make any public statement on his non-selection or else the grievance procedure will be considered as null and void.</p> <p>8.1.3. The Executive Director of Singapore Aquatics may ask the player to outline the basis of his grievance and will seek a report from the National Head Coach, within 24 hours of receiving written notification from the player.</p> <p>8.1.4. If the Appeals Panel considers the grievance as being justified that the player be re-instated</p>

<p>9. Panel for selection and Appeals</p>	<p>9.1 The Selection Panel will be chaired by the Assistant Secretary-General (Water Polo) and the members will consist of:</p> <ul style="list-style-type: none"> <li>• Vice President (Water Polo)</li> <li>• Head Coaches</li> <li>• Assistant Coaches</li> <li>• Team Manager, if any</li> </ul> <p>9.2 The Appeals Committee will consist of the following members:</p> <ul style="list-style-type: none"> <li>• President of Singapore Aquatics</li> <li>• Secretary General of Singapore Aquatics</li> <li>• Ho Mun Wai</li> </ul>
<p>Notes</p>	<p>The Singapore National Olympic Council (SNOC) is the body which sets the qualifying standards for all sports. They are also the governing body that selects the athletes for the Games and considers any appeal cases which the NSAs may submit.</p> <p>Singapore team must be ranked 3rd or higher among the Southeast Asian (SEA) Games countries. This addition ensures that the athletes know the top 3 SEA Games criteria and clarifies that selection by SAQ alone does not guarantee qualification for the Games.</p> <p>Prepared by Leonard Yeo (Assistant Secretary-General)</p> <p>In consultation with Yu Lei, Kan Aoyagi, Kenta Shirahama, Zhang Jiaqi, Jon Jayo</p> <p>In accordance to selection guidelines endorsed by SNOC</p> <p>Point of contact for any enquires:</p> <ul style="list-style-type: none"> <li>- Vincent Yeo <a href="mailto:Vincent.yeo@sqaquatics.org.sg">Vincent.yeo@sqaquatics.org.sg</a></li> <li>- Singapore Aquatics Water Polo - Sport Manager <a href="mailto:swp@sqaquatics.org.sg">swp@sqaquatics.org.sg</a></li> </ul>
<p>Approved Date</p>	<p>6 January 2025</p>

**Selection Criteria**  
**33<sup>rd</sup> Southeast Asian (SEA) Games**  
**9 to 20 December 2025**

Correct as at 23 September 2024

**1. Nomination Criteria**

- NSAs seeking to nominate athletes for the Games should establish qualifying standards and criteria, at least 13 months before the Games. These are open to all athletes and they should satisfy these standards in the NSA sanctioned championships. NSAs are required to submit their NSA Selection Criteria to SNOC/SSI for endorsement before publication.
- NSAs should state clearly in the nominations via SportSync at least 6 months before the Games, the justification for the athletes to be selected.
- Athletes must be Singapore Citizens, and should not be holding dual citizenship if they are above 22 years old, at the time of nomination.

**2. Selection Criteria**

Subject to the other considerations listed at paragraph 3 below, the following criteria shall be applied in the selection process:

- Athletes who have currently achieved at least 3rd placing e.g., time/distance/score/mark of the 2023 SEA Games. For team sports, they should currently be ranked 3rd among the SEA Games countries.
- Athletes/Teams who miss the qualifying standard marginally but show potential to equal or surpass it in time for the Games.
- All achievements submitted for consideration should have taken place at international competitions sanctioned by the International and/or Regional controlling bodies, but NSAs may submit the achievements from overseas championships and meets of athletes studying in overseas tertiary institutions. However, these have to be properly accredited and sanctioned to be accepted.
- All achievements should be achieved from 1 October 2024 up to 5 September 2025, which is 2 weeks before the 19 September Entry by Name deadline, as the nominations have to be submitted to the SNOC Appeals Committee for approval before the deadline.
- Pursuant to the Olympic Charter (By laws to Rules 27 and 28, paragraph 2.1), “Selection shall be based not only on the sports performance of an athlete, but also on his ability to serve as an example to the sporting youth of his country.”

**3. Other Considerations**

In addition to the above selection criteria, the following “qualities” of the athletes will be taken into consideration:

- Attitude and behavior towards coaches, teammates, fellow athletes, officials and sports administrators, ***whether in relation to sporting matters or otherwise.***
- General conduct **and character** which may affect the reputation, image, values or best interests of the athlete or the sport.
- **Past disciplinary record;**
- Current skill level and fitness; **and character**
- Level of commitment and attendance.
- Potential for future development:
- Ability to demonstrate team spirit and work well with teammates and officials; and
- Such other non-performance related qualities as the selectors may consider to be relevant.

#### **4. Extenuating Circumstances**

In consideration of the performance and “qualities” of athletes, the selectors may at their discretion give consideration to extenuating circumstances. For this purpose, “extenuating circumstances” mean an inability of the athlete to compete in and/or attend event, training camps or other required attendances arising from:

- Injury or illness.
- Equipment failure.
- Travel delays.
- Bereavement; and
- Such other circumstances as the selectors may consider to be relevant.

#### **5. Selection and Appeals**

- The SNOC Selection Committee will meet in July 2025 (subject to the Organising Committee’s confirmation of the Accreditation deadline) to discuss the nominations from NSAs and select athletes/teams for the Games.
- NSAs can submit appeals to the SNOC Appeals Committee for athletes/teams who are not selected at the Selection Committee. In the appeals, NSAs have to provide new information that meets the selection criteria, information which had not been previously submitted to the Selection Committee.

**Annex B (Men’s) – Assessment Rubrics**

<b>Criteria</b>	<b>Details / Requirements</b>
Position-specific performance	<p><b>Technical ability:</b></p> <ul style="list-style-type: none"> <li>• Individual skills in defence</li> <li>• Individual skills in attack</li> </ul> <p><b>Tactical ability:</b></p> <ul style="list-style-type: none"> <li>• Defence</li> <li>• Attack</li> </ul> <p><b>Psychological toughness</b></p>
Fitness	<p><u>Outfield Players:</u></p> <ul style="list-style-type: none"> <li>• 8 x 25m Sprint (30s round) <ul style="list-style-type: none"> <li>○ Best Sprint Time</li> <li>○ Fatigue Index (Best Sprint – Worst Sprint)</li> </ul> </li> <li>• Loaded Eggbeater (5kg)</li> <li>• Loaded Eggbeater (15kg)</li> <li>• 400m Time Trial</li> </ul> <p><u>Goal Keepers:</u></p> <ul style="list-style-type: none"> <li>• Game Evaluation (Coach Observation)</li> <li>• Shot Saving ability</li> <li>• Passing Accuracy (5m from goal) Left/Right Pin point</li> <li>• Post touch L/R 6 times (Timing)</li> <li>• Crossbar touch 6 times (Timing)</li> <li>• 1-0 Saving ability</li> </ul>
Attendance	At least 80% attendance at trainings
Injury risk/status	A player whose high risk of injury could affect the team’s strategies more.
Versatility	This refers to the ability to play multiple positional requirements to achieve optimal team balance
Compatibility	This refers to the athlete’s compatibility with the team on and off the field of play
Deployability	This refers to the athlete’s potential to represent on future national teams
Input from Sports Science	By observation



**Annex C (Women's) – Assessment Rubrics**

	<b>Selection Criteria</b>	<b>Weightage</b>
A	<p>Tactical performance</p> <ul style="list-style-type: none"> <li>• Tagging points during official competition</li> </ul>	30%
B	<p>Outfield Players:</p> <ul style="list-style-type: none"> <li>• In- water Vertical Jump <ul style="list-style-type: none"> <li>○ Absolute Jump Height</li> <li>○ Relative Jump Height (Tip to Hip Length)</li> </ul> </li> <li>• 8 x 25m Sprint (30s round) <ul style="list-style-type: none"> <li>○ Best Sprint Time</li> <li>○ Fatigue Index (Best Sprint – Worst Sprint)</li> </ul> </li> <li>• Loaded Eggbeater (5kg) for time <p>45 sec &gt; - 5 points  40 sec – 4 points  35 sec – 3 points  30 sec – 2 points  25 sec – 1 point</p> </li> <li>• Shooting Accuracy (Target, Accuracy) <p>Point System:  7 Goal – 5 points  6 Goal – 4 points  5 Goal – 3 points  4 Goal – 2 points  3 Goal – 1 point</p> </li> <li>• Long Pass (Distance) <p>20m – 5 points  18m – 4 points  16m – 3 points  14m – 2 points  12m – 1 point</p> </li> <li>• 10 x 100m Freestyle (1:50 round) <p>Point system:  1:15 &lt; – 5 points  1:20 – 4 points  1:25 – 3 points  1:30 – 2 points  1:35 – 1 point</p> </li> </ul> <p>Goal Keepers:</p> <ul style="list-style-type: none"> <li>• 10 x 20sec Goal Touches – Avg. Total Time</li> <li>• Long Pass (Distance) <p>Same as player</p> </li> <li>• 10m Sprint <p>Point  6 sec – 5 points</p> </li> </ul>	25%

	<p>6:50 – 4 points          7:00 – 3 points          7:50 – 2 points          8:00 – 1 point</p> <ul style="list-style-type: none"> <li>• Loaded Eggbeater (5kg) for time (chin &amp; elbow out of water, head looking forward)             <ul style="list-style-type: none"> <li>1min &gt; - 5 points</li> <li>55 sec – 4 points</li> <li>50 sec – 3 points</li> <li>45 sec – 2 points</li> <li>40 sec – 1 point</li> </ul> </li> <li>• In- water Vertical Jump             <ul style="list-style-type: none"> <li>○ Absolute Jump Height</li> <li>○ Relative Jump Height (Tip to Hip Length)</li> </ul> </li> <li>• 1 x Side to Side Jumps, 20 secs (Total number of horizontal jumps)</li> </ul>	
C	<p>Attendance</p> <ul style="list-style-type: none"> <li>• At least 80%</li> <li>• Only major exams, illness/injury will be exempted</li> </ul>	15%
D	<p>Injury risk/status</p> <ul style="list-style-type: none"> <li>• Injury risk to be determined via past injury history, isokinetic testing results etc</li> </ul>	5%
E	<p>Versatility</p> <ul style="list-style-type: none"> <li>• Bonus for athletes who are able to play in multiple positions</li> <li>• Not applicable for GK</li> </ul>	5%
F	<p>Input from Coaches (10%) and Managers (5%)</p> <ul style="list-style-type: none"> <li>• Assessment of athlete’s attitude, contribute to team dynamics, potential for future growth etc</li> </ul>	15%
G	<p>Input from Sports Science</p>	5%
	<b>TOTAL</b>	<b>100%</b>