

## **Singapore Aquatics Next Gen Coaching Scholarship supported by SOF-Edwin Lee Yong Chuan Sports Fund**

The scholarship is a Singapore Aquatics initiative, supported by the SOF-Edwin Lee Yong Chuan Sports Fund. It will sponsor a year-long programme at the National Training Centre (NTC) for a deserving coach.

### **Programme overview:**

- Duration:
  - 12-month coaching development programme at the NTC
  - Six (6) months of volunteering within the NTC environment to gain practical experience
- Commitment:
  - Recipient will coordinate their volunteering schedule with the NTC to fulfil the 6-month requirement
- Scholarship recipient will receive a monthly stipend

### **Scholarship Description**

The scholarship offers a comprehensive coaching development experience designed to equip aspiring coaches with the skills, knowledge, and exposure necessary to contribute meaningfully to Singapore's high-performance swimming ecosystem. Scholars will be mentored by Singapore's top coaching professionals, including one-on-one sessions with each of the three NTC (National Training Centre) lead coaches. These sessions, guided by the National Head Coach and/or Performance Director, provide a holistic understanding of elite coaching philosophies and practices.

Throughout the scholarship, recipients will gain in-depth exposure to technical skill development under the NTC framework, including elite training methodologies, stroke mechanics, and race strategies. Scholars will also be involved in programme design and implementation, and learn how to integrate sports science into daily training and performance planning. Practical coaching opportunities are a key feature, with hands-on experiences alongside senior NTC coaches and the use of a Daily Training Journal to reflect on and refine their approach.

In addition, scholars will undergo training in athlete management, leadership, and communication, equipping them for future coaching roles within clubs and national

programmes. There will also be opportunities to observe and participate in local and overseas swim meets, allowing them to translate their learnings into competitive environments.

Each scholar will begin with an initial assessment of their coaching style, technical knowledge, and athlete management capabilities. Based on this evaluation, a personalised development plan will be created, targeting specific areas such as biomechanics, race planning, and mental preparation. This plan will include structured milestones to track progress and ensure meaningful growth throughout the year.

### **Expected Outcomes for Scholarship Coach:**

By the end of the 12-month programme, recipients will:

- Be equipped with advanced technical coaching skills.
- Understand the principles of high-performance athlete development.
- Have experience creating and executing training programmes for swimmers.
- Possess the knowledge to integrate sports science into coaching practices.
- Be prepared to take on leadership roles within their home clubs or national programmes.

### **Prerequisite Requirements/Criteria to Apply:**

#### 1. Eligibility:

- Open to aspiring or beginner coaches aged 18 and above.
- Must possess basic swimming knowledge and a passion for coaching.
- Affiliated with or actively involved in swimming clubs in Singapore.

#### 2. Educational and Certification Requirements:

- Minimum: GCE 'O' Levels or equivalent.
- Completion of a NROC Level 1 certification or equivalent (preferred but not mandatory).

#### 3. Experience and Background:

- Prior experience as a swimmer, instructor, or assistant coach is an advantage.
- Demonstrates enthusiasm for contributing to Singapore's swimming development.

#### 4. Key Skills and Traits:

- Strong commitment to personal growth and coaching excellence.
- Leadership potential and effective communication skills.

#### 5. Endorsements:

- A recommendation letter from the applicant's club head coach or a senior official.

- Confirmation from the applicant regarding their ability to fulfil the volunteering requirement.

6. Application Documents:

- Personal Statement: Describe your coaching aspirations and how this programme will help you achieve them.
- Updated Curriculum Vitae (CV): Include coaching activities, certifications, and relevant achievements.

**Commitment Requirements:**

**1. Completion of the NTC Programme:**

- Recipients must participate in all scheduled sessions, workshops, and assessments as part of the 12-month programme.

**2. 6-Month Volunteering Requirement:**

- Recipients must volunteer within the NTC for six (6) months.
- A customized volunteering schedule will be arranged in coordination with NTC staff to ensure alignment with the recipient's availability and programme needs.

**3. Professional Representation:**

- Recipients are expected to adhere to professional standards and act as ambassadors of the programme.

**4. Commitment Hours**

- 18 hours per week
- Inclusive of coaching, development and administrative time

**Scholarship Application Timeline**

1. Announcement of Scholarship – 16 July 2025
2. Applications Open – 18 July 2025
3. Applications Close – 8 September 2025
4. Interview Process – 10 September 2025 to 30 September 2025
5. Announcement of successful applicant – 1 October 2025
6. Scholarship Coach to meet with National Training Centre (Coaching group) TBC (Start of SEASON) – October 2025