

3rd Singapore National Age Group Artistic Swimming Championships 2025
6 to 7 September 2025
Music Training Schedule

5 September 2025 (Friday)

#	Teams	Start Time	End Time
1	Aesthete Aquatics Academy	10:00	11:25
2	RASA Sports Academy Pte. Ltd.	11:25	12:10
BREAK		12:10	13:10
3	Speediswim Aquatic Centre	13:10	13:35
4	Swimfast Aquatic Club	13:35	14:15
5	Tao Li Swimming Club	14:15	15:00

Notes :

1. Practice with Music is only scheduled at the following
- 5 September 2025 (Friday) from 10am to 3.00pm
2. Practice with Music is to be conducted at Multi Purpose Pool only
3. Only team that are allocated the scheduled music practice time is allowed to use the Multi Purpose Pool
4. There will be 5-lanes reserved at the COE Pool for warm up and normal practice during competition days.
5. Team to prepare thumbdrive as backup
6. Team is to provide listing of music to the music station OR assign person to be at the music station
7. Do be punctual for the music practice. No replacement of music practice if team is late
8. Music stop immediately when time is up.
9. In case of bad weather, music practice may be changed, delayed or cancelled
10. The music practice time is subjected to change without prior notice and decisions of the Organising Committee is final