

Competition Information

Date: 6th December – 7th December 2025

Venue: Singapore Sports School

Competition Format:

There will not be any call room for the 50m events. Swimmers are to report to their lane's start blocks at least 15 minutes before the start of their event.

Swimmers who participated at the 2023 SEA Games, 2023 Asian Games, 2023 World Juniors and 2024 Junior Pan Pacs are not allowed to race at the SSPA Event

Registration

2025 Annual Registration Fees

Starting from 2022, all swimmers (*regardless of whether they belong to an affiliate club*) who participate in SAQ-organised SSPAs must pay the 2025 Annual Registration Fee which will be S\$43.60 (inclusive of 9% GST) per swimmer. For those who have paid in previous SAQ organised or sanctioned meets in the earlier part of 2025, this payment is not required.

Swimmers are also to register on our online platform: <https://ssa.swim-community.net/>
If the 2025 Annual Registration Fee has been paid via the platform, please do let us know.

Swimmers who do not have a club that is affiliated with Singapore Aquatics can register under the club "SSPA".

Individual Event Fees

Each event costs \$16.35 (inclusive of 9% GST).
Events must have at least 4 participants to commence.

Late entries* will cost \$32.70 (inclusive of 9% GST).

**(Any entries submitted after 24th November, 5pm)*

For affiliate clubs & international schools, an invoice will be issued.

For non- affiliates/individuals, an email with the total amount payable will be sent to you for payment separately. You will be able to make payment via PayNow QR code, please do state your swimmer/child's name when making payment.

As of 6th October 2025



Registration

Registrations must be submitted by 24th November 2025, 5pm.

Swimmers belonging to SAQ Affiliate Clubs:

- Please submit your entries to your club.
- Your club will then send us their HyTek Team Manager File.

Swimmers who are with clubs that are not SAQ affiliates or are with independent coaches:

- Manual submission using the registration file.
- Registration file can be downloaded from [here](#).
- Please email the file to swim.entries@sgaquatics.org.sg
- Independent coaches who have multiple students, please do let us know if you would like to pay for all the swimmers together. You may also submit the registration files for multiple swimmers.

Entry Times

- Entry times can be derived from times taken during training.
- Please do provide an entry time to aid in providing a better estimate of the competition day's schedule & flow of events.

Late Individual Event Entry Fees

- Any entries submitted after the 24th November 2025; 5pm will be subject to a late entry fee of \$32.70 (inclusive of 9% GST). Late entries will only be accepted until **28th November 2025**.
- Once the start list is out on 2nd December 2025, no more changes nor entries will be accepted and added.

As of 6th October 2025



Order of Events

This is the tentative order of events. This order of events will only be confirmed with the release of the start list on 2th December 2025. SAQ may rearrange the order of events to ensure the smooth running of the event. The exact start time is also subject to change depending on the entries received.

Registration Closes on 24th November 2025 or when the entries accepted have filled up the event timeline.

Events for 6th December 2025:

9.00am – 9 years and under

1. 50m Breaststroke	9 years and under
2. 50m Backstroke	9 years and under
3. 100m Freestyle	9 years and under
4. 100m Butterfly	9 years and under
5. 200m Individual Medley	7 – 12 years old (*seeded slowest to fastest)
6. 200m Breaststroke	7 – 12 years old (*seeded slowest to fastest)
7. 200m Backstroke	7 – 12 years old (*seeded slowest to fastest)

11.30am – 10 years to 12 years **(start time subject to change depending on number of entries received)*

1. 50m Breaststroke	4. 400m Freestyle
2. 50m Backstroke	5. 100m Butterfly
3. 100m Freestyle	6. 1500m Freestyle [^] <i>(11 years and above only, will be seeded according to entry time. There will only be 30 slots available on a first come first serve basis)</i>

As of 6th October 2025



2.30pm – 13 years and over **(start time subject to change depending on number of entries received)*

1. 50m Freestyle	5. 100m Backstroke
2. 50m Butterfly	6. 200m Freestyle
3. 100m Breaststroke	7. 400m Individual Medley
4. 200m Butterfly	

Events for 7th December 2025:

9.00am – 9 years and under

1. 50m Freestyle	9 years and under
2. 50m Butterfly	9 years and under
3. 100m Breaststroke	9 years and under
4. 100m Backstroke	9 years and under
5. 200m Freestyle	7 – 12 years old (*seeded slowest to fastest)
6. 200m Butterfly	7 – 12 years old (*seeded slowest to fastest)

11.30am – 10 years to 12 years **(start time subject to change depending on number of entries received)*

1. 50m Freestyle	4. 100m Backstroke
2. 50m Butterfly	5. 400m Individual Medley
3. 100m Breaststroke	6. 800m Freestyle [^] <i>(11 years and above only, will be seeded according to entry time. There will only be 40 slots available on a first come first serve basis)</i>

As of 6th October 2025



2.30pm – 13 years and over **(start time is subject to change depending on number of entries received)*

1. 50m Breaststroke	5. 100m Butterfly
2. 50m Backstroke	6. 200m Individual Medley
3. 100m Freestyle	7. 200m Backstroke
4. 200m Breaststroke	8. 400m Freestyle

Times achieved here can be used towards the Time Standards for Singapore Aquatics competitions.

Certificates

Certificates will be awarded to each swimmer if they have swum a timing that is faster or equal to the passing time and did not get disqualified.

Certificates can be collected by the club/school team administrator/coach at the end of the SSPA. Club administrators/coaches please do email in to let Singapore Aquatics know the preferred collection process.

If the swimmer does not belong to a club/is participating individually/the club is not collecting for the swimmers, they can opt to collect the certificate after the end of their event at the competition venue.

- *A reminder that there are no certificates or badges awarded for the 400m Individual Medley.*

Key Dates

- Entries Deadline: 24th November 2025, 5pm
- Last day to verify entries: 1st December 2025
- Payment deadline: 1st December 2025,
- Start List release date: 2nd December 2025
- Event Dates: 6th – 7th December 2025

As of 6th October 2025



Singapore Aquatics
46th Centralised Singapore Swimming Proficiency Awards
6th December – 7th December 2025, Singapore Sports School

All Participants who are entered in the 46th SSPA are deemed to have given written permission to the Organizers for the Organizers to collect, analyse and collate any personal information relating to that Participant, as the Organizers may in their sole discretion deem fit, including without any limitation information for the Organizers' programme, planning, date-processing, statistical or risk-analysis, research, fund-raising and/ or, any other purposes in furtherance of the functions or powers of Singapore Aquatics.

Whilst reasonable precaution will be taken by the Organizers to ensure the Participants' safety, Participants take part in the event at their own risk and the Organizers will not be responsible or held liable for any injury or death howsoever arising from training for or during participation in the event. Participants are strongly encouraged to consult their medical practitioner prior to registration and before the actual race day.

In the event of harsh weather conditions that could result in the cancellation of the event, Singapore Aquatics reserves the right not to refund entry fees or any other charges submitted by the teams and/ or individuals at the event.

As of 6th October 2025

