

Competition	<p>6th Asian Beach Games 2026 – Open Water Swimming (OW) Sanya, China, 22 April to 30 April 2026 Open Water Swimming: 25 April to 27 April 2026</p>
Events offered	5km Male, 5km Female, Mixed 4x1.5km Relay
Qualifying Period	1 January 2025 to 31 December 2025
Qualification Meets	<ul style="list-style-type: none"> • 55th Singapore National Age Group Swimming Championships 2025 or equivalent • 20th Singapore National Swimming Championships 2025 or equivalent • 2025 Australian Age & MC Age Championships • 47th Southeast Asian Age Group Swimming Championships 2025 • World Aquatics Championship – Singapore 2025 • World Aquatics Junior Swimming Championships 2025 • 33rd Southeast Asian Games 2025
Initial Release Date	7 January 2026
Eligibility	<p>To be considered for selection, a swimmer must meet all the following eligibility criteria and maintain through the selection and competition stated above:</p> <ol style="list-style-type: none"> 1. Be a Singapore citizen, eligible to represent Singapore. <ol style="list-style-type: none"> a. Should not be holding dual citizenship if they are 22 years of age at the time of nomination. 2. Be a registered member of SAQ in good standing. 3. Have a signed current SAQ Athlete Agreement. 4. Met performance standards as designated by Singapore National Olympic Committee (SNOC), 6th place timing at the 2016 Asian Beach Games and/or Ranked among Top 6 Asian Beach Games countries at international/regional competitions. 5. Have competed and qualified in at least one of the designated qualification meet or a 2025 designated accredited meet if based overseas unless granted an exemption under the provisions of the criteria by the SAQ Selectors. 6. This exemption will only be granted due to extenuating circumstances. On request of SAQ and/or SNOC, evidence shall be provided of the extenuating circumstances, prior to the exemption being considered. <ol style="list-style-type: none"> a. Extenuating circumstances can include but is not limited to: <ol style="list-style-type: none"> i. Injury or Illness ii. Equipment Failure iii. Travel Delays iv. Bereavement, and v. Such other circumstances as the selectors may consider to be relevant. 7. Continues to train for, behave and act towards peak swimming performance. 8. Be available to fulfil the Team Commitments as listed below and any additional commitments following selection.

	<p>9. Not used or administered any substance which, if it had been detected as being present in the athlete’s body tissue or fluids, would have constituted doping, or used any prohibited method or committed any other doping offence as defined in ADS’s, WADA’s or WA’s Anti-Doping By-law.</p>												
<p>Performance Requirements for 5km (Male & Female) and 4x1.5km Mixed Relay</p>	<p>Selection Priority: Swimmers will be selected for nomination to SNOC by the following priority. Selection goes to next priority should there be spaces available.</p> <table border="1" data-bbox="435 584 1385 804"> <thead> <tr> <th>Priority</th> <th></th> <th>Funding</th> </tr> </thead> <tbody> <tr> <td>Priority 1</td> <td>Top two highest ranked swimmers in the 1500m Freestyle across all selection events in 2025</td> <td>Fully funded by SAQ</td> </tr> <tr> <td></td> <td></td> <td></td> </tr> <tr> <td></td> <td></td> <td></td> </tr> </tbody> </table> <p>To be considered for selection for individual OW events for the 6th Asian Beach Games, swimmers are required to:</p> <ol style="list-style-type: none"> I. Finish amongst the Top 2 highest ranked Singaporean swimmers in the 1500m Freestyle from all selection meets in 2025 <p>All swimmers selected for the 6th Asian Beach Games 5km race must swim in the 4x1.5km mixed relay if there is a full team available at the meet.</p> <p>Due to the safety aspect of the event, all athletes selected for this event must have prior open water racing experience.</p>	Priority		Funding	Priority 1	Top two highest ranked swimmers in the 1500m Freestyle across all selection events in 2025	Fully funded by SAQ						
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<p>Team Size</p>	<ol style="list-style-type: none"> 1. With the approval of SNOC, SAQ intends to send 2 representatives per each individual event and fill all qualified relay positions. 2. SAQ shall not be obligated to take a full team of 2 athletes per individual event and four athletes per relay event, should a qualifying athlete or suitable developing athlete not be available for selection. 												
<p>Coaches Selection</p>	<p>SAQ will nominate up to 2 coaches to SNOC for 6th Asian Beach Games selection.</p> <p>Eligibility:</p> <ol style="list-style-type: none"> 1. NROC (current registration, or internationally recognised Foreign Certification equivalent) 2. The nominated coach of an athlete must be the coach of record for at least 3 months prior to the athlete’s selection to the 6th Asian Beach Games and remain the coach of record through 6th Asian Beach Games. <p>The coaches will be selected in accordance to the following priority.</p> <ol style="list-style-type: none"> 1. Coach of Male and Female individual swimmers by selection priority. <ol style="list-style-type: none"> a. When more coaches than spots available, swimmers will be ranked by their qualification rankings 2. Number of individual swimmers 												

	<p>3. Number of relay swimmers</p> <p>a. Swimmers will be ranked by their qualification rankings</p>
Team Commitments	<p>All swimmers and officials must:</p> <ol style="list-style-type: none"> 1. Comply with the provisions of the SAQ and SNOC Athletes and Officials Agreements at all times. 2. Conform to SAQ and SNOC requirements regarding team participation. This includes, but may not be limited to, providing an acceptable training plan, attendance at a pre-event camp and wearing team uniform as required. 3. Make themselves available for all team activities designated by SNOC and SAQ. 4. Not act in such a manner as to bring the SNOC, athlete or SAQ into public disrepute. 5. Appear at events and platforms whereby their images and presence are needed to achieve SNOC's and SAQ's objectives of giving back to the Sport and the wider community. These obligations will be further outlined in the SNOC and SAQ Athletes and Officials Agreement as per Point 1.
Notes	<p>The SNOC is the body which sets the qualifying standards for all sports. They are also the governing body that selects the athletes for the Games and considers any appeal cases which the NSAs may submit.</p> <p>The selection committee will consist of the following</p> <ul style="list-style-type: none"> • Vice-President (Swimming) • Assistant Secretary General (Swimming) • National Head Coach • Technical Director • Deputy Executive Director <p>The appeals committee will consist of the following</p> <ul style="list-style-type: none"> • SAQ President • SAQ Secretary General • Ho Mun Wai <p>The High Performance team may amend the selection criteria at any time at its discretion with the approval of the SAQ Selection Committee.</p>
Appeals Process	<p>All athletes have the right to appeal.</p> <ol style="list-style-type: none"> 1. Appeals with regards to the selection process by SAQ for nomination of an individual for consideration to SNOC. The process of appeal is as follows: <ol style="list-style-type: none"> a. The swimmer's club will submit in writing to SAQ HPM within 48 hours following the announcement of nominations by selection committee, along with supporting evidence to be reviewed by the appeals committee. b. The appeals committee will deliberate on the merits of the appeal independently of the selection committee. <ol style="list-style-type: none"> i. With consideration of fairness and consistency in selection based on the posted selection criteria (as per Performance Requirements in this document) and,

	<ul style="list-style-type: none"> ii. With consideration of any special circumstances as described in the section “Eligibility” in this document. c. The appeals committee may request additional information from the athlete’s club through SAQ HPM if necessary, to further deliberate on the merits of the appeal. d. The committee will provide the HPM with outcome of the appeal to correspond to the said swimmer through their club. e. The decision of the appeals committee is final. <p>(HPM - High Performance Manager: Tracie Tan, tracie.tan@sqaquatics.org.sg)</p> <p>2. Appeals submitted by SAQ to SNOC for consideration of a swimmer post SNOC team selection. The process of appeal is as follows:</p> <ul style="list-style-type: none"> a. SAQ HPM submits the appeal with evidence* directly to SNOC for review. b. SNOC reviews the appeal and corresponds to SAQ the outcome of the appeal. c. SAQ corresponds the outcome of the appeal to the club of the said swimmer. d. Review and decision of the appeal by SNOC is final. <p>*SAQ shall submit an appeal to SNOC on merits warranted by SAQ that serve the desired performance outcomes of the team.</p>
Approved Date	7 January 2026

Depth Chart (December 2025)**Men**

Name	Time	Competition
Russel Pang	15:28.46	33 rd Southeast Asian Games 2025
Timothy Cheah	15:50.17	47 th SEA Age Group Championships

Women

Name	Time	Competition
Gan Ching Hwee	16:01.29	World Aquatics Championships – Singapore 2025
Kate Ona	17:26.64	20 th Singapore National Swimming Championships 2025