

INDEMNITY DECLARATION:

I, the undersigned participant, acknowledge that participation in this open water swimming event involves inherent risks, including but not limited to physical injury, illness, permanent disability, or death, as well as loss or damage to personal property.

I confirm that I am medically fit, adequately trained, and capable of participating in this event. I voluntarily assume all risks associated with my participation.

To the fullest extent permitted by law, I hereby agree that I shall not hold Singapore Aquatics, sponsors, partners, or their respective employees, volunteers, or officials liable for any injury, loss, damage, or expense that may arise out of or in connection with my participation in the event.

I further agree to indemnify and keep indemnified the aforementioned parties against any and all claims, demands, actions, proceedings, liabilities, damages, costs, and expenses (including legal fees) arising out of or in connection with my participation in the event.

I acknowledge that this waiver applies to all risks, whether known or unknown, foreseeable or unforeseeable, including but not limited to risks arising from water conditions, weather, marine life, equipment failure, and other participants.

MEDICAL DECLARATION:

I declare that:

- I am in good health and have no medical condition that would make it unsafe for me to participate in this event; **OR**
- I have disclosed any relevant medical conditions below and have obtained medical advice confirming my fitness to participate.

**Medical Conditions / Allergies
(if any):**

Emergency Contact Name:

Emergency Contact Number:

I consent to receive medical treatment deemed necessary during the event in the case of injury, accident, or illness.



SINGAPORE NATIONAL
OPEN WATER SWIMMING CHAMPIONSHIPS 2026
INDEMNITY FORM

For Participants 21 years and above of age:

I confirm that I have read, understood, and agree to be bound by the terms of this indemnity, waiver, and declaration.

Participant Name	Participant Signature	Date
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For Participants below 21 years of age:

I, the undersigned parent/legal guardian of the participant named below, hereby:

- Consent to their participation in this event
- Confirm that the participant is medically fit and adequately prepared
- Acknowledge and accept all risks outlined in this document on their behalf

I agree, to the fullest extent permitted by law, not to hold Singapore Aquatics and associated parties liable for any injury, loss, or damage suffered by the minor arising from participation in the event, where such matters are beyond the reasonable control of the organizers.

I further agree to indemnify and keep indemnified the aforementioned parties against any claims brought by or on behalf of the minor.

Participant Name: _____

Parent/Guardian Name: _____

Relationship to Participant: _____

Parent/Guardian Signature: _____

Date: _____