

**SINGAPORE**  
**AQUATICS**

SINGAPORE NATIONAL  
**OPEN**  
**WATER**  
SWIMMING CHAMPIONSHIPS

16<sup>TH</sup> MAY 2026

CONSTANT WIND SEA SPORTS  
& SAILING CENTRE

**TYR**

**OCBC**

Eat Well, Live Well.  
**Aji** **amino**  
AJINOMOTO **VITAL**

**Yakult**

**100**  
**PLUS**

**hotel**  
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**MAZDA**

## 1.0 COMPETITION INFORMATION

Competition: Singapore National Open Water Swimming Championships 2026

Venue: Constant Wind SEA Sports and Sailing Centre

Saturday, 16<sup>th</sup> May 2026, 7.30am (Male)

Saturday, 16<sup>th</sup> May 2026, 7.45am (Female)

Entries Closing Date: Monday, 27<sup>th</sup> April 2026, 2pm

Technical Meeting for  
Team Leaders (Zoom): Thursday, 14<sup>th</sup> May 2026, 12 noon

## 2.0 GENERAL INFORMATION

2.1 The event will be conducted in accordance with the World Aquatics Open Water Swimming Rules

2.2 Technical Officials – All Technical Officials shall be appointed by the SAQ Technical Swimming Committee.

2.3 The SAQ Organising Committee reserves the right to the final decision on all matters pertaining to the competition.

## 3.0 ELIGIBILITY

3.1 The competition is open to swimmers who are:

- Existing **REGISTERED SWIMMERS** of SAQ Affiliates who are of good standing.
- Existing members of other National Federations affiliated to World Aquatics who meet the entry qualification standards, provided they hold valid participation clearance from their Federation.

3.2 The swimmer must be at least 14 years old (born in 2012) to participate in this competition.

#### 4.0 ENTRY REGULATIONS

- 4.1 Closing date for entries is on Monday, 27th April 2026, 2pm.  
Entries are to be submitted via the online registration form here:  
<https://forms.gle/srRAiBXpiWYZBsgJ9>

Full payment of the registration and entries fees by **Friday, 8<sup>th</sup> May 2026**.  
Swimmers **will not be eligible to compete** if the full payment does not reach Singapore Aquatics by the above deadline.

- 4.2 To participate in this event, the swimmer is required to achieve a qualifying entry time in the 800m or 1500m event at a SAQ organised meet or overseas NF sanctioned meet from 1<sup>st</sup> Dec 2025 based on the time standards below.

#### 4.3 Entry Fees

Individual – **S\$65.40** per event (inc GST)

- 4.4 Entries Fees are to be made payable to “**Singapore Aquatics**” via PAYNOW by  
**Friday 8<sup>th</sup> May 2026**  
UEN NO: S61SS0088B703

If payment for the entry fee is not made on time, the entries **will not** be accepted.

#### 5.0 MEDALS, RECORDS & NATIONAL SELECTION

- 5.1 Medals will be awarded to the top three (3) placings in all the events.

**6.0 QUALIFYING ENTRY TIME**

Male		Female	
800m	1500m	800m	1500m
9:45.00	18:45.00	10:30.00	19:45.00

6.1 To participate in this event, the swimmer is required to achieve a qualifying entry time in the 800m or 1500m event at a SAQ organized meet or overseas NF sanctioned meet from 1<sup>st</sup> Dec 2025 based on the above QET Standards.

OR

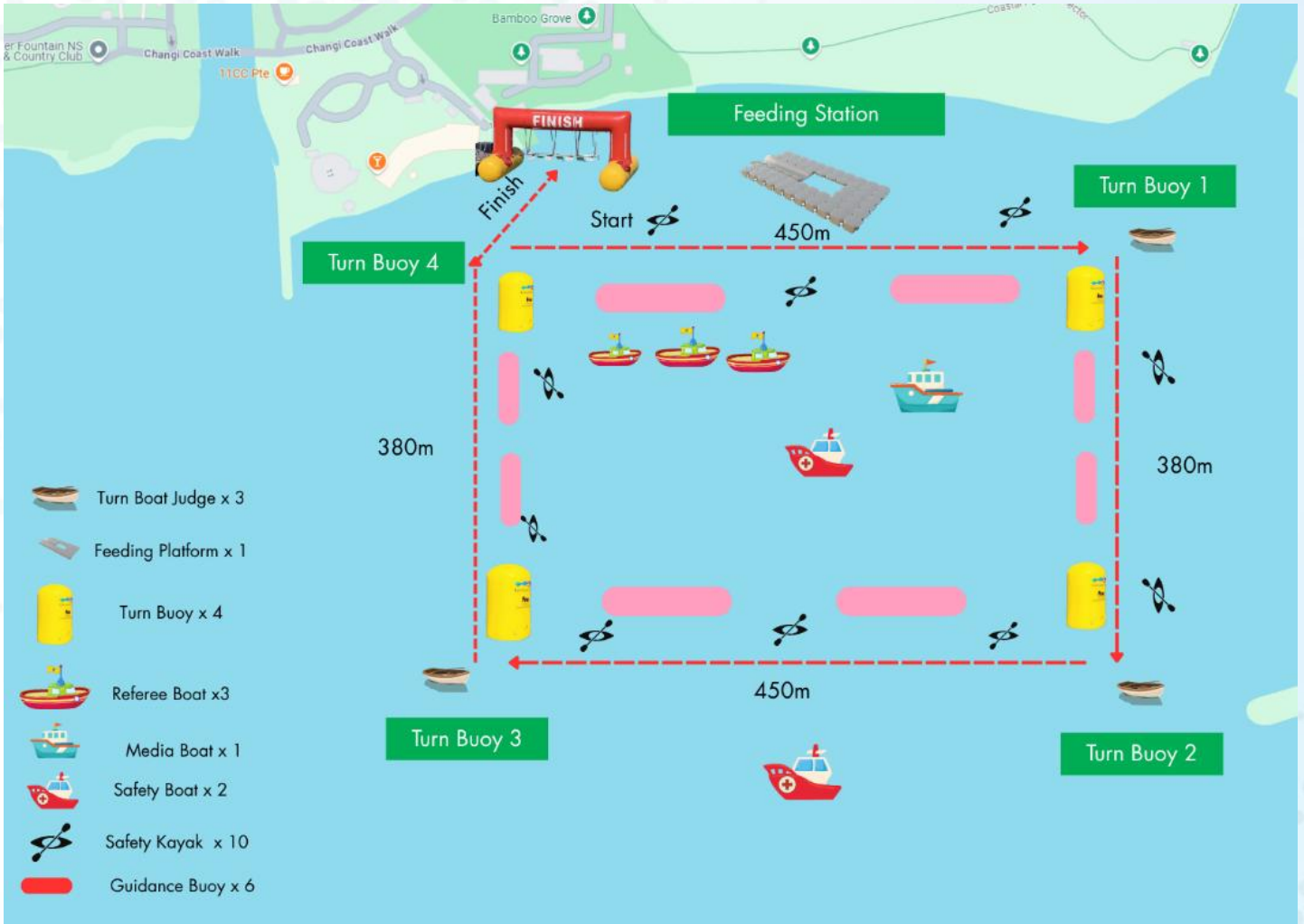
The swimmer has participated in an open water swimming competition (minimum 1.5km distance) from 1<sup>st</sup> January 2025 onwards organized by World Aquatics, Asia Aquatics, SEA Aquatics, SAQ or other National Federation. (e.g. World Aquatics Open Water Swimming Championships 2025, 3rd SEA Open Water Swimming Competition)

6.2 The event will be stopped (the swimmers will cease to swim) 20 mins after the first swimmer of each gender has completed the race.

6.3 Any Athlete who has not finished the course within the time limit will be recorded as over the time limit (OTL) in the results and will be removed from the water unless the Chief Referee, in his/her discretion, permits the Athlete to complete the course. In such case, that Athlete will not be eligible for any resulting points, rankings, or prizes).

**7.0 PROPOSED RACECOURSE**

7.1 Below is the proposed racecourse for the Singapore National Open Water Swimming Championships 2026



## 8.0 SWIMSUITS

According to World Aquatics' rulings, for open water swimming competitions, with water temperature from 18.0°C or above:

6.8.1.3 In Open Water Swimming competitions:

6.8.1.3.1 Men's swimsuits and women's swimsuits must not cover the neck, extend past the shoulders, or extend below the ankle.

Subject to these specific shape specifications, swimsuits for open water swimming competitions shall further comply with all other requirements applicable to swimsuits for pool swimming competitions.

## 9.0 EXPERIENTIAL OPEN WATER SWIMMING, 800M SWIM (*Fringe Activity*)

### 9.1 Experiential OWS Race Details

*16<sup>th</sup> May 2026, 10.00am (approx.)*

The Experiential OWS race will be 800m and will happen after the conclusion of the 10km race at approximately 10:00 hours on the 16<sup>th</sup> of May 2026.

It will be a Mixed Gender Race and have a total of 25 swimmers per wave.

All swimmers must wear the buoyancy aid for safety regardless of their swimming abilities.

### 9.2 Entry Regulations

#### 9.2.1 Age Eligibility

The swimmer must be at least 11 years old (born in 2015) to participate in the Experiential Open Water Swimming.

#### 9.2.2 The competition is open to swimmers who are:

- Existing REGISTERED SWIMMERS of SAQ Affiliates who are of good standing.
- Existing members of other National Federations affiliated to World Aquatics who meet the entry qualification standards, provided they hold valid participation clearance from their Federation.

#### 9.2.3 To participate in this event, the swimmer is required to have **previously completed at least a 400m swim** at a SAQ organised meet or overseas NF sanctioned meet from 1st Dec 2025.

#### 9.2.4 Minimum of 25 participants required for the race to proceed.

Entries will close when 75 participants register. Please note that registration is on a first come first serve basis.

9.2.5 Closing date for entries is Monday, 27th April 2026, 2pm.  
 Entries are to be submitted via the online registration form here:  
<https://forms.gle/srRAiBXpiWYZBsgJ9>

Full payment of the registration and entries fees by **Friday, 8th May 2026.**

Swimmers **will not be eligible to compete** if the full payment does not reach Singapore Aquatics by the above deadline.

9.2.6 Entry Fees  
 Individual – S\$32.70 per event (inc GST)

Entries Fees are to be made payable to "Singapore Aquatics" via PAYNOW by Friday 8th May 2026.

Payment can be made to SAQ's PayNow UEN NO: S61SS0088B703

If payment for the entry fee is not made on time, the entries will not be accepted.

### 9.3 Experiential OWS Racecourse



**10.0 TERMS & CONDITIONS**

- 10.1 All Participants who are entered Singapore National Open Water Swimming Championships 2026 is deemed to have given written permission to the Organizers to collect, analyse and collate any personal information relating to that Participant, as the Organizers may in their sole discretion deem fit, including without any limitation information for the Organizers' programme, planning, data-processing, statistical or risk-analysis, research, fund-raising and/or, any other purposes in furtherance of the functions or powers of SAQ.
- 10.2 Whilst reasonable precaution will be taken by the Organizers to ensure the Participants' safety, Participants take part in the Singapore National Open Water Swimming Championships 2026 at their own risk and the Organizers will not be responsible or held liable for any injury or death howsoever arising from training for or during participation in Singapore National Open Water Swimming Championships 2026. Participants are strongly encouraged to consult their medical practitioner prior to registration and before the actual race day.
- 10.3 In the event of harsh weather conditions that could cancel the Singapore National Open Water Swimming Championships 2026, SAQ reserves the right not to refund entry fees or any other charges submitted by the teams and/ or individuals at the Singapore National Open Water Swimming Championships 2026.