

SINGAPORE
AQUATICS



Singapore National
Swimming Short-Course Invitational 2026

29th – 30th August 2026
OCBC Aquatic Centre

EVENT INFORMATION

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1.0 GENERAL INFORMATION

Entries Closing Date Friday 14th August 2026, 12.00 pm
Technical Meeting for Team Leaders (via Zoom) Wednesday, 26th August 2026, 11.00am

Competition Singapore National Swimming Short Course Invitational 2026
Venue OCBC Aquatic Centre, Singapore
Details

Session	Date	Day	Competition	Venue Opening
1	29 th August 2026	Saturday	9.15am	7.45am
2	29 th August 2026	Saturday	5.00pm	3.15pm
3	30 th August 2026	Sunday	9.15am	7.45am
4	30 th August 2026	Sunday	5.00pm	3.15pm

- 1.1 The Championships shall be conducted under the Rules and By-laws of World Aquatics as prescribed in the Competition Regulations (as of 18th February 2026). One-start rule applies. The list of approved swimsuits can be viewed at <https://www.worldaquatics.com/swimming/approved-swimwear>
- 1.2 The Championships are open only to the following:
 - a. Swimmers who are existing members of Singapore Aquatics Affiliates (thereafter known as Affiliates).
 - b. Members of other Federations affiliated to World Aquatics who meet the entry qualification standards (where applicable) provided they hold a valid clearance from their Federation.
- 1.3 All entries must be submitted through Singapore Aquatics Affiliates or World Aquatics-affiliated Federations.
- 1.4 Definition of Swimmers:
 - a. Local Swimmers- All Affiliated Members with a Valid Singapore Passport (Singapore Citizenship)
 - b. Foreign Swimmers- All Swimmers without a Valid Singapore Passport

2.0 ENTRY REGULATIONS

2.1 Closing date for entries – Friday 14th August 2026, 12.00 pm

Deadline for payment – Tuesday 25th August 2026, 12.00pm

All Entries are to be emailed to swim.entries@sqaquatics.org.sg

- a. There is no entry qualifying time to participate at the Singapore National Swimming Short Course Invitational 2026. However, the participating swimmers must achieve a minimum time standard at this meet.

An administrative fee of **S\$49.05 (inclusive of 9% GST)** per event will be imposed if a swimmer returns time slower than the minimum time standard.

This fee will be waived if the participant submits an official short-course (25m) timing for the same event, achieved within the past twelve (12) months at any of the following:

- SAQ-organised competition;
- A competition sanctioned by another National Federation or World Aquatics.

All waiver requests must be submitted, together with the relevant supporting documentation, **within fourteen (14) days after the conclusion of the competition**. Requests received after this deadline will not be considered.

- b. Entries must be accompanied by full payment of the registration and entries fees. Swimmers **will not be eligible to compete** if the full payment does not reach Singapore Aquatics by the below deadline.
- c. There is no limit to the number of individual entries per swimmer.
- d. Swimmers participating in the relay events must be registered to at least one individual event.

2.2.1 Swimmers Registration Fee (For local and international swimmers)

2026 Annual Registration Fee is **S\$43.60 (inclusive of 9% GST)** per swimmer. For those who have paid in the first half of the year, this payment is not required.

This fee is also applicable to overseas foreign swimmers.

2.2.2 International Swimmer Admin Fee

An *International Swimmer Admin Fee of **S\$43.60 (inclusive of 9% GST)** per individual for entry to the meet applicable to all foreign participants who are NOT living in Singapore and is NOT holding a valid #FIN Number. This fee is a per meet fee and not an annual fee.

2.2.3 International Coach / Team Official Admin Fee

An Admin Fee of **\$ S\$87.20 (inclusive of 9% GST)** per individual and per accreditation pass for entry to the meet applicable to all foreign coaches, team managers and support staffs from the overseas participating teams. **This fee is a per meet fee and not an annual fee.**

2.2.4 Letter of Support for Foreign Teams

A letter of support to endorse the foreign team's participation from each foreign team's respective National Federations must be submitted along with their entries.

2.2.5 Entry Fee (Applicable to Singaporean and international swimmers)

- a. Individual Event - **S\$16.35 (inclusive of 9% GST)**
- b. Relay Event - **S\$43.70 (inclusive of 9% GST)** per event

2.2.6 Late Entries Charges:

Late entries after the entries deadline can be accepted but at the cost of twice the entry fee per event inclusive of 9% GST

- a. Individual Event - **\$32.70 (inclusive of 9% GST) per event**
- b. Relay Event - **S\$87.20 (inclusive of 9% GST) per event**

This double charge will be in effect for entries that are submitted between **14th August 2026, 12.00pm till Friday 21st August 2026 2.00pm**

2.2.7 Changes and corrections may be made up to the meet entry deadline without penalty.

Any changes, amendments, and corrections to the entries after the deadline of 14th August 2026 may be made up till one day before the release of the psych sheet at a cost of **\$32.70** per change or correction (For example: a change in entry timing, switching events or removing a swimmer/event).

Deadline for Amendments – Sunday 23rd August 2026 10.00pm *(subject to the charge of \$32.70 per change or correction after 14th August 2026)*

Withdrawals of entered events can be done at no charge only at the Team Leaders Meeting on the hardcopy forms but entries fees will not be refunded.

2.3 Cheque and payment for all registration and entries are to be made payable to “Singapore Aquatics” by latest Tuesday, 25th August 2026. If payment for the entry fee is not made on time, the entries **will not be accepted.**

3.0 COMPETITION INFORMATION

3.1 Events listed below will be for both Men and Women:

- a. Freestyle: 50m, 100m, 200m, 400m, 800m and 1500m
- b. Backstroke: 50m, 100m and 200m
- c. Breaststroke: 50m, 100m and 200m
- d. Butterfly: 50m, 100m and 200m
- e. Individual Medley: 100m, 200m and 400m
- f. Freestyle Relays: 4x50m
- g. Medley Relay: 4x50m

3.2 Technical Officials – All Technical Officials shall be appointed by the Singapore Aquatics Technical Swimming Committee.

3.3 The Singapore National Swimming Short Course Invitational 2026 Management Committee reserves the right to the Singapore Aquatics' decision on all matters pertaining to the Championships.

3.4 Format of Competition – The Championships are run in the World Aquatics Short-Course Metres (SCM) format. Heats will be run in the morning and Finals in the evening, over 3 consecutive days

a. Heats

The morning heats will be flighted. Competitors shall be placed in graduated time order, *fastest to slowest*

Flight A – Fastest 6 Heats per event will be swimming first. The fastest three heats shall be cyclically seeded (50m to 200m events). For the 400m events, the fastest two heats shall be cyclically seeded

Flight B- The remaining heats of the respective events will be swimming after Flight A

b. Finals

Finalists shall be allocated lanes via the spearhead principle from the results of the Heats.

“A” Finals – the top ten (10) finishers of the Heats of each individual event (With the exception of Timed Finals races) are eligible to compete. Should there be more than two (2) foreign swimmers who finish within the top ten (10) positions at the Heats, only the top two (2) fastest foreign swimmers would compete in the “A” Finals.

“B” Finals – the next group of swimmers, within the top twenty (20) finishers of the Heats of each individual event who are not eligible to compete in the ‘A’ Finals (Except the 800m and 1500m Freestyle races) will be able to compete in the “B” Finals. Should there be more than two (2) foreign swimmers who finish within the top eleventh-twenty (11th -20th) finishers at the Heats, only the next top two (2) fastest foreign swimmers would compete in the 'B' Finals.

There will be NO “B” Finals if the event has less than twenty-five (25) swimmers racing in the Heats

c) Timed Finals – the 400m Individual Medley, 800m and 1500m Freestyle races will be swum as Timed Finals, with the fastest seeded Heat swum during the evening Finals session.

A maximum of 4 foreign swimmers with the fastest seed time is allowed to swim in the fastest heat in the evening Finals session for the long-distance events.

A cut off time of 22 minutes will be enforced for 1500m (both men and women), and a cut off time 12 minutes for 800m (both men & women)

d) Time Trials for Full Time NSFs (Full-Time National Service Men)

For NSFs who are unable to compete in the SNSC due to lack of FPUL (Fully Paid Unrecorded Leave) option, they may register to race in a time trial in the evening during SNSC. Performance times achieved at this time trials cannot be used for medal and points contention.

Request for NSF Time Trials to be submitted by the affiliate to tessa.seet@sqaquatics.org.sg & zenn.toh@sqaquatics.org.sg

Registration Deadline: 16th August 2026

4.0 WITHDRAWALS

- 4.1 An administrative fee of **S\$32.70 (inclusive of 9% GST)** shall be imposed on each withdrawal from entered event after the release of the start list till 60 mins before the start of each session.
- 4.2 Withdrawals within sixty (60) minutes of the start of each session (Heats or Finals) or without notification to the Control Room Supervisor shall be deemed Did Not Show or Did Not Start (DNS). A penalty of **S\$109.00 (inclusive of 9% GST)** shall be imposed on all DNS.
- 4.3 Withdrawals for Finals **including** the Reserve Swimmers of each event must be presented to the Control Room Supervisor **within 30 minutes of the posting of the provisional start list** in order to avoid the administrative fee.
- 4.4 The administrative fee and penalty will be waived if the swimmer produces a valid medical certificate for the relevant day of the race. However, the swimmer will not be permitted to participate in any further races for the day.

5.0 ACCREDITATIONS

- 5.1 Club Accreditations (inclusive of coaches, team manager and support staff) will be assigned based on swimmers' size in the competition.

<i>No. of swimmers in individual events</i>	<i>No. of Coaches Pass</i>	<i>No. of Team Managers Pass</i>
1 to 5 swimmers	1	1
6 to 10 swimmers	2	1
11 to 15 swimmers	3	1
16 to 20 swimmers	4	1
21 to 30 swimmers	5	2
31 to 45 swimmers	6	2
46 to 60 swimmers	7	3
61 to 75 swimmers	8	4
76 swimmers and above	9	4

Starting from 1 July 2018, coaches who wish to apply for an accreditation pass to be on deck during national competitions must be an NROC Member.

Clubs / Schools are required to send in the names of their coaches and team managers with their entry files to secure a pass.

Please note that the pool deck at all Singapore Aquatics national competitions are strictly reserved for registered athletes, coaches, essential support staff, event staff or other persons approved by Singapore Aquatics.

All accreditation cards remain the property of Singapore Aquatics, are NON-TRANSFERABLE, and can be withdrawn or refused at Singapore Aquatics's sole discretion.

Please note that applying for an accreditation under false pretences would be a violation of accreditation procedures. In order to ensure a safe and inclusive training and competition environment, we would ask that rules and regulations surrounding accreditation be respected.

Anyone found to be in violation of this will have their accreditation removed and will be asked to leave the venue immediately.

5.2 Lost or Misplaced Accreditation Passes

Replacement passes are available at the following:

<u>Replacement Cost for Misplaced or Lost Accreditation Pass</u>	
Coach / Team Manager / Parent	SGD \$100
Swimmer	SGD \$30

6.0 MEDALS, RECORDS

- 6.1 Medals will be awarded to the top three swimmers in the 'A' Finals.
- 6.2 Only 1 relay team per affiliate/team in the respective relay events is eligible for medal's contention. if the affiliate / team enters two or three relay teams in the same relay event, only the higher ranked relay team will be eligible for medals contention.
- 6.3 Only Meet Records established by Singaporeans will be officially recognised by the Organising Committee of the Singapore National Swimming Short Course Invitational 2026

7.0 COMPETITION VENUE – OCBC AQUATIC CENTRE



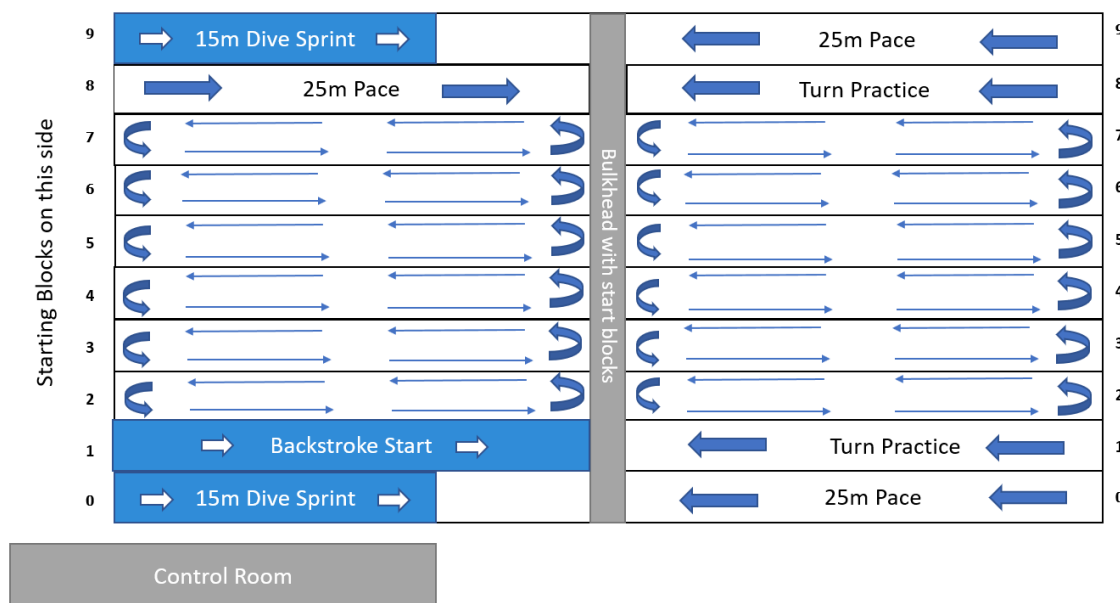
View Map: <http://www.sportshub.com.sg/directions/Pages/getting-here.aspx>

Conditions of Entry for Events at the OCBC Aquatic Centre:

<https://www.sportshub.com.sg/sites/default/files/2023-05/Conditions-of-Entry-OCBC-Aquatic-Centre-Events-May23.pdf>

8.0 WARM-UP GUIDELINES

- 8.1 The Competition and Warm-Up Pools will be available for warm-ups one and the half hour before the competitions commence. The Competition Pool will be closed fifteen (15) minutes before the beginning of each session.
- 8.2.1 Lane assignments for warm-ups will be in accordance with World Aquatics Swimming Rules



- 8.3 Competition Pool
The schematic in the diagram shall be observed at all times during warm-ups.

There shall be **NO DIVING** in the Circle Swimming Lanes, and the 25m Pace Lane (opposite side). Entry to these lanes is via feet first entry from the sitting position at all times.

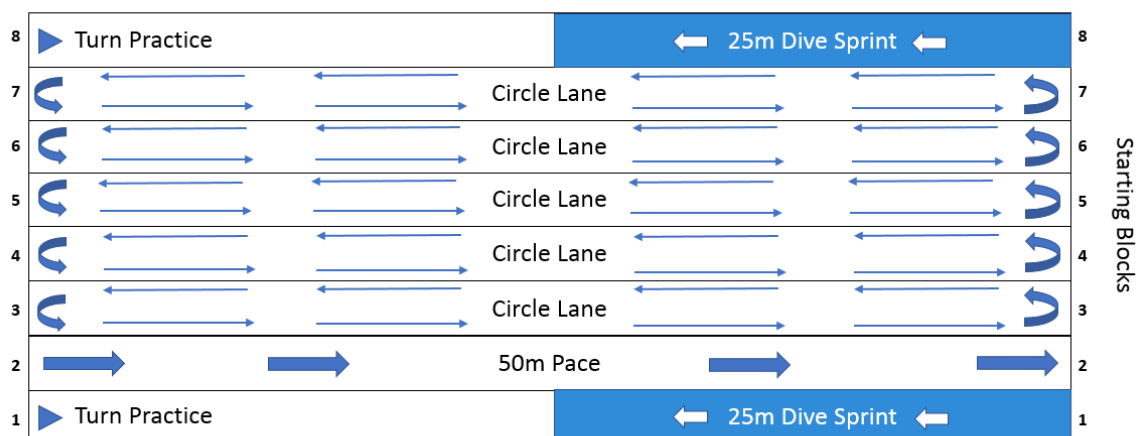
The Dive Sprint Lanes are one-way only – swimmers should clear the lanes immediately and walk back. Swimmers are advised to exercise caution when doing Backstroke starts.

Coaches and Team Officials will be allowed on the Competition Pool Deck during the warm-up sessions.

The 2nd half of the pool is strictly OUT OF BOUNDS to all whilst the competition is ongoing.

In order to ensure a smooth Swimming Competition Time-Lines Compliance and to eliminate downtime due to infraction enquiry to the Referee, promote Fair Play during the Swimming Competition and Technical Officials duty obstruction, the Pool Deck is strictly out of bound to ALL except the Technical Officials on duty, Swimming Competition Management Committee, Appointed Volunteer, Appointed Media Coverage Personnel.

8.4 Training Pool Guideline



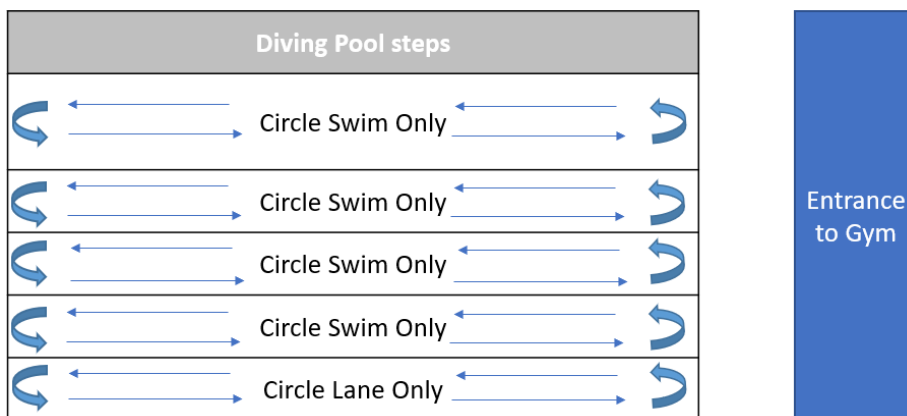
8.5 Diving Pool Guideline

The diving pool and its surrounding areas are on a first-come-first serve basis.

The diving pool is an additional space for swimmers to warm up & down and will be a **circle swimming lane only at all times**.

Should swimmers decide to swim backstroke, they are to exercise caution to not hit other swimmers or the wall as there are no backstroke flags.

Strictly no plunging/diving in all lanes in lieu of the safety of all swimmers.



9.0 CONTROL ROOM GUIDELINES

(Infraction Enquiry or Clarification)

- a. Request for the details of Infraction committed by the swimmer or swimmers shall be made to the Swimming Competition Meet Director by the Team Leader. No proxies will be entertained.
- b. In the absence of Meet Director, the infraction enquiry shall be directed only to the Deputy Meet Director or Control Room Supervisor.
- c. Enquiry of infraction shall be made within the same day of competition.
- d. Team Leader shall provide Swimmer Details i.e. Event Number, Heat Number, Swimmer's Name, Affiliate Name and Lane assigned,
- e. ONLY the Team Leader shall be allowed access to Swimming Competition Control Room to retrieve finals result print-outs, submission of paperwork and Infraction Enquiry. No proxies shall be allowed.

10.0 PROTESTS

10.1 Protests are possible:

- a. if the rules and regulations for the conduct of the competition are not observed,
- b. if other conditions endanger the competitions and/or competitors, or
- c. against decisions of the referee;
- d. however, no protest shall be allowed against decisions of fact.

10.2 All protests shall be considered by the Meet Referee. However, protests against decisions of fact shall not be allowed.

10.3 If conditions causing a potential protest are noted prior to the competition, a protest must be lodged before the signal to start the race is given.

10.4 Protests must be submitted in accordance with the following:

- a. In writing, with the supporting facts.
- b. With a deposit of **S\$200** enclosed.
- c. Submitted to the Meet Referee by Affiliate Team Leader. No proxies will be entertained.
- d. Submitted within thirty (30) minutes following the conclusion of the respective event.

10.5 If the Meet Referee rejects the protest, he/she must state the reasons for his decision. The Team Leader may then appeal the rejection to the Jury of Appeal, whose decision shall be final.

10.6 If the protest is rejected, the deposit shall be forfeited to the Organising Committee of the competition. If the protest is upheld, the deposit shall be returned.

11.0 MINIMUM TIME STANDARD (MTS) – (SCM)

2026 MEN MTS	Events	2026 WOMEN MTS
00:28.23	50m Freestyle	00:32.39
01:03.62	100m Freestyle	01:11.30
02:16.74	200m Freestyle	02:32.96
04:48.06	400m Freestyle	05:12.49
09:57.79	800m Freestyle	10:47.95
19:09.39	1500m Freestyle	20:32.67
00:31.37	50m Backstroke	00:35.80
01:08.57	100m Backstroke	01:16.65
02:26.47	200m Backstroke	02:43.68
00:35.40	50m Breaststroke	00:40.25
01:18.44	100m Breaststroke	01:28.48
02:46.62	200m Breaststroke	03:03.74
00:30.25	50m Butterfly	00:33.97
01:07.69	100m Butterfly	01:14.79
02:28.17	200m Butterfly	02:45.46
01:08.33	100m Individual Medley	01:16.42
02:30.98	200m Individual Medley	02:48.66
05:18.68	400m Individual Medley	05:46.73

12.0 ORDER OF EVENTS

29 th August 2026 (Saturday) – Day 1 Heat Start Time: 9.15am			
Event No.	Day 1	Heats	Remarks
202	MEN	100M FREESTYLE	Fastest to Slowest
203	WOMEN	100M BREASTSTROKE	
204	MEN	50M BREASTSTROKE	
205	WOMEN	100M BUTTERFLY	
206	MEN	100M BACKSTROKE	
207	WOMEN	50M BACKSTROKE	
208	MEN	200M BUTTERFLY	
209	WOMEN	200M FREESTYLE	
210	MEN	100M INDIVIDUAL MEDLEY	
211	WOMEN	200M INDIVIDUAL MEDLEY	
212	MEN	400M FREESTYLE	
213	WOMEN	50M FREESTYLE	
214	MEN	200M BREASTSTROKE	
215	MEN	50M BUTTERFLY	
Event No.	Day 1	Timed Finals	Remarks
201	WOMEN	800M FREESTYLE	
102	MEN	1500M FREESTYLE	
104	MEN	400m INDIVIDUAL MEDLEY	
Victory Ceremony for #102 & #104			

29 th August 2026 (Saturday) – Day 1 Finals Start Time: 5.00pm			
Event No.	Day 2	Finals	Remarks
106	MEN	4 x 50M FREESTYLE	Slowest to Fastest Up to 5 relay teams per affiliate
105	WOMEN	4 x 50M FREESTYLE	Slowest to Fastest Up to 5 relay teams per affiliate
201	WOMEN	800M FREESTYLE	
202	MEN	100M FREESTYLE	A & B FINALS
203	WOMEN	100m BREASTSTROKE	A FINALS
204	MEN	50m BREASTSTROKE	A & B FINALS
Victory Ceremony for #105, #106, #201, #202 & #203			
205	WOMEN	100M BUTTERFLY	A FINALS
206	MEN	100M BACKSTROKE	A FINALS
207	WOMEN	50M BACKSTROKE	A & B FINALS
208	MEN	200M BUTTERFLY	A FINALS
209	WOMEN	200M FREESTYLE	A FINALS
Victory Ceremony for #204 #205, #206, #207 & #208			
210	MEN	100M INDIVIDUAL MEDLEY	A & B FINALS
211	WOMEN	200M INDIVIDUAL MEDLEY	A FINALS
212	MEN	400M FREESTYLE	A FINALS
213	WOMEN	50M FREESTYLE	A & B FINALS
214	MEN	200M BREASTSTROKE	A & B FINALS
Victory Ceremony for #209, #210, #211, #212 & #213			
215	MEN	50M BUTTERFLY	A & B FINALS
216	WOMEN	200M BACKSTROKE	A FINALS
217	MIXED	4 x 50M MEDLEY MIXED	Slowest to Fastest Up to 5 relay teams per affiliate
Victory Ceremony for #214, #215, #216, #217			

30 th August 2026 (Sunday) – Day 2 Heats Start Time: 9.15am			
Event No.	Day 3	Heats	Remarks
302	WOMEN	100M FREESTYLE	Fastest to Slowest
303	MEN	100M BREASTSTROKE	
304	WOMEN	50M BREASTSTROKE	
305	MEN	100M BUTTERFLY	
306	WOMEN	100M BACKSTROKE	
307	MEN	50M BACKSTROKE	
309	MEN	200M FREESTYLE	
310	WOMEN	100M INDIVIDUAL MEDLEY	
311	MEN	200M INDIVIDUAL MEDLEY	
313	MEN	50M FREESTYLE	
314	WOMEN	200M BREASTSTROKE	
315	WOMEN	50M BUTTERFLY	
101	WOMEN	1500m FREESTYLE	
103	WOMEN	400m INDIVIDUAL MEDLEY	
Victory Ceremony for #101 & #103			

30 th August 2026 (Sunday) – Day 2 Finals Start Time: 5.00pm			
Event No.	Day 3	Finals	Remarks
108	MEN	4 x 50M MEDLEY	
107	WOMEN	4 x 50M MEDLEY	
301	MEN	800M FREESTYLE	
302	WOMEN	100M FREESTYLE	A, B Finals
303	MEN	100M BREASTSTROKE	A, B Finals
304	WOMEN	50M BREASTSTROKE	A, B Finals
Victory Ceremony for #107, #108, #301, #302 & #303			
305	MEN	100M BUTTERFLY	A, B Finals
306	WOMEN	100M BACKSTROKE	A Finals
307	MEN	50M BACKSTROKE	A, B Finals
308	WOMEN	200M BUTTERFLY	A Finals
309	MEN	200M FREESTYLE	A, B Finals
Victory Ceremony for #304, #305, #306, #307 & #308			
310	WOMEN	100M INDIVIDUAL MEDLEY	A, B Finals
311	MEN	200M INDIVIDUAL MEDLEY	A, B Finals
312	WOMEN	400M FREESTYLE	A Finals
313	MEN	50M FREESTYLE	A, B Finals
314	WOMEN	200M BREASTSTROKE	A Finals
Victory Ceremony for #309, #310, #311, #312 & #313			
315	WOMEN	50M BUTTERFLY	A, B Finals
316	MEN	200M BACKSTROKE	A Finals
317	MIXED	4 x 50M FREESTYLE MIXED	Slowest to Fastest Up to 5 relay teams per affiliate
Victory Ceremony for #314, #315, #316, #317			

13.0 OVERSEAS TEAMS ACCOMMODATION

Singapore Aquatics has partnered with our official travel partner, **Hotel Planner**, to provide overseas visiting teams with a convenient booking platform for the Singapore National Swimming Short Course Invitational 2026

Teams will have the flexibility to select from a range of hotels to best meet their needs.

To book your accommodation, please visit:

- <https://singaporeaquatics.hotelplanner.com/>

Important Notes:

- All overseas teams are **required** to book their accommodation exclusively through the Hotel Planner platform/website. Proof of booking must be submitted together with the team entries.
- The hotels/hostels listed on the Hotel Planner platform do **not** include airport transfers or shuttle services to the competition venue. Teams are responsible for arranging their own transport.
- Teams that book accommodations outside of the Hotel Planner platform will be subject to an **additional fee of SGD 150 per accredited individual**. This applies to swimmers, coaches, team managers, and support staff.

14.0 OTHER TERMS AND CONDITIONS

- 14.1 All Participants who are entered in the Singapore National Swimming Short Course Invitational 2026 are deemed to have given written permission to the Organizers for the Organizers to collect analyse and collate any personal information relating to that Participant, as the Organizers may in their sole discretion deem fit, including without any limitation information for the Organizers' programme, planning, date-processing, statistical or risk-analysis, research, fund-raising and/ or, any other purposes in furtherance of the functions or powers of Singapore Aquatics.
- 14.2 Whilst reasonable precaution will be taken by the Organizers to ensure the Participants' safety, Participants take part in Singapore National Swimming Short Course Invitational 2026) 2026 at their own risk and the Organizers will not be responsible or held liable for any injury or death howsoever arising from training for or during participation in this SNSC. Participants are strongly encouraged to consult their medical practitioner prior to registration and before the actual race day.
- 14.3 In the event of harsh weather conditions that could cancel the Singapore National Swimming Short Course Invitational 2026, Singapore Aquatics reserves the right not to refund entry fees or any other charges submitted by the teams and/ or individuals at Singapore National Swimming Short Course Invitational 2026.

15.0 Key Dates

Date & Time	Event	Venue
Friday, 14 th August 2026, 12.00 pm	Closing Date for Entries Submission	Singapore Aquatics Office or via email to
14 th – 21 st August 2026	Entries list by affiliates/ teams will be sent for verification	-
Monday, 24 th August 2026, 12.00pm	Preliminary Entries List (Psych Sheet) will be sent out to all participating affiliates/teams	-
Tuesday, 25 th August 2026, 12.00pm	Deadline for Payment for Entries	Singapore Aquatics Office
Wednesday 26 th August 2026, 11.00am	Team Leaders Meeting	Online on Zoom. Link will be sent nearer to the date.
28 th – 30 th August 2026	Singapore National Swimming Short Course Invitational 2026	OCBC Aquatic Centre