

3rd SAQSFA 2026 - 4/9/2026 to 5/9/2026**Session Report****THIS IS AN ESTIMATED TIMELINE AND SHOULD BE USED AS A GUIDE ONLY**

Session: 1 Day 1 Session 1
 Day of Meet: 1 Starts at 09:00 AM Heat Interval: 60 Seconds / Back +30 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	101 Mixed 9 & Under 50 Breaststroke	182	19	09:00 AM	_____
Finals	102 Mixed 9 & Under 50 Backstroke	150	15	09:40 AM	_____
Finals	103 Mixed 9 & Under 100 Freestyle	111	12	10:18 AM	_____
Finals	104 Mixed 9 & Under 100 Butterfly	20	2	10:54 AM	_____
Break: 15 Minutes: 15mins break after E104					
Finals	105 Mixed 7-12 200 IM	175	18	11:15 AM	_____
Finals	106 Mixed 7-12 200 Breaststroke	45	5	12:45 PM	_____
Finals	107 Mixed 7-12 200 Backstroke	25	3	01:13 PM	_____
Swimmers Counts for Warm-ups: 401		=====	=====		
Entry / Heat Totals:		708	74		
Finish Time				01:29 PM	_____

Session: 2 Day 1 Session 2
 Day of Meet: 1 Starts at 02:30 PM Heat Interval: 60 Seconds / Back +30 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	201 Mixed 10-12 50 Breaststroke	140	14	02:30 PM	_____
Finals	202 Mixed 10-12 50 Backstroke	117	12	03:00 PM	_____
Finals	203 Mixed 10-12 100 Freestyle	137	14	03:28 PM	_____
Finals	204 Mixed 10-12 400 Freestyle	53	6	04:06 PM	_____
Finals	205 Mixed 10-12 100 Butterfly	36	4	04:55 PM	_____
Finals	206 Mixed 11 & Over 1500 Freestyle	9	1	05:07 PM	_____
Break: 15 Minutes: 15mins break after E206					
Finals	301 Mixed 13 & Over 50 Freestyle	72	8	05:52 PM	_____
Finals	302 Mixed 13 & Over 50 Butterfly	44	5	06:05 PM	_____
Finals	303 Mixed 13 & Over 100 Breaststroke	25	3	06:14 PM	_____
Finals	304 Mixed 13 & Over 200 Butterfly	9	1	06:23 PM	_____
Finals	305 Mixed 13 & Over 100 Backstroke	16	2	06:30 PM	_____
Finals	306 Mixed 13 & Over 200 Freestyle	40	4	06:37 PM	_____
Finals	307 Mixed 13 & Over 400 IM	8	1	06:53 PM	_____
Swimmers Counts for Warm-ups: 392		=====	=====		
Entry / Heat Totals:		706	75		
Finish Time				07:01 PM	_____

3rd SAQSFA 2026 - 4/9/2026 to 5/9/2026**Session Report****THIS IS AN ESTIMATED TIMELINE AND SHOULD BE USED AS A GUIDE ONLY**

Session: 3 Day 2 Session 3
 Day of Meet: 2 Starts at 09:00 AM Heat Interval: 60 Seconds / Back +30 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	401 Mixed 9 & Under 50 Freestyle	236	24	09:00 AM	_____
Finals	402 Mixed 9 & Under 50 Butterfly	128	13	09:46 AM	_____
Finals	403 Mixed 9 & Under 100 Breaststroke	73	8	10:13 AM	_____
Finals	404 Mixed 9 & Under 100 Backstroke	31	4	10:38 AM	_____
Break: 15 Minutes: 15mins break after E404					
Finals	405 Mixed 7-12 200 Freestyle	157	16	11:07 AM	_____
Finals	406 Mixed 7-12 200 Butterfly	13	2	12:17 PM	_____
Finals	501 Mixed 10-12 50 Freestyle	194	20	12:28 PM	_____
Finals	502 Mixed 10-12 50 Butterfly	132	14	01:03 PM	_____
Swimmers Counts for Warm-ups: 570		=====	=====		
Entry / Heat Totals:		964	101		
Finish Time				01:29 PM	_____

Session: 4 Day 2 Session 4
 Day of Meet: 2 Starts at 02:30 PM Heat Interval: 60 Seconds / Back +30 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	503 Mixed 10-12 100 Breaststroke	100	10	02:30 PM	_____
Finals	504 Mixed 10-12 100 Backstroke	72	8	03:01 PM	_____
Finals	505 Mixed 10-12 400 IM	27	3	03:28 PM	_____
Finals	506 Mixed 11 & Over 800 Freestyle	19	2	03:53 PM	_____
Finals	601 Mixed 13 & Over 50 Breaststroke	51	6	04:35 PM	_____
Finals	602 Mixed 13 & Over 50 Backstroke	33	4	04:46 PM	_____
Break: 15 Minutes: 15mins break after E602					
Finals	603 Mixed 13 & Over 100 Freestyle	43	5	05:10 PM	_____
Finals	604 Mixed 13 & Over 200 Breaststroke	13	2	05:23 PM	_____
Finals	605 Mixed 13 & Over 100 Butterfly	15	2	05:36 PM	_____
Finals	606 Mixed 13 & Over 200 IM	30	3	05:42 PM	_____
Finals	607 Mixed 13 & Over 200 Backstroke	10	1	05:55 PM	_____
Finals	608 Mixed 13 & Over 400 Freestyle	30	3	06:02 PM	_____
Swimmers Counts for Warm-ups: 298		=====	=====		
Entry / Heat Totals:		443	49		
Finish Time				06:27 PM	_____