SINGAPORE AQUATICS

SWIM FASTER



5th SINGAPORE AQUATICS SWIMFASTER AWARDS

3th–4th December 2026
Punggol Regional Sports Centre

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5th Singapore Aquatics SwimFaster Awards

3rd - 4th December 2026

SINGAPORE AQUATICS SWIMFASTER AWARDS is a part of the SwimSingapore presented by OCBC national learn-to-swim framework. The SwimFaster Awards aims to bridge the technical gap between water safety and competition, sharpening skills in the pre-competitive stage and to offer motivational milestones that keep people swimming — for life, for health, and for joy.

SwimFaster is a set of awards aiming to introduce swimmers to the competitive environment, providing them with an opportunity to test themselves against benchmark timings. This framework is designed to raise the technical proficiency of both swimmers and their coaches.

AIM

The main objective of this course is to provide progressive goals for aspiring competitive swimmers, increasing the overall level of proficiency for the pool of competitive swimmers in Singapore

OBJECTIVES

- Increased proficiency: To raise the level of swimming proficiency of students and the public
- Better coaching: To increase the level of technical expertise among our swimming coaches
- Homegrown talent: To provide a talent pool for the next generation of Singapore competitive swimmers

SWIM SINGAPORE

PRESENTED BY OCBC

As the official national swimming framework, SwimSingapore provides a structured and certified pathway to make **Every Singaporean a Swimmer**.



SWIM START
Baby & Toddler Swimming

SWIM FUN
Water Confidence

SWIM SAFER
Water Safety & Swimming

SWIM FURTHER
Distance Swim

SWIM BETTER
Strokes Development

SWIM FASTER
Pre-competition

SINGAPORE AQUATICS

Is your swimming coach certified? Look for this symbol:

SINGAPORE AQUATICS SWIM SG NATIONAL SWIMMING FRAMEWORK

Scan to learn more:

www.sgaquatics.org.sg/swim-singapore

1. Competition Information

Date: 3rd – 4th December 2026 (Thursday and Friday)

Venue: Punggol Regional Sports Centre

Competition Format:

There will not be any call room for the 50m events. Swimmers are to report to their lane's start blocks at least 15 minutes before the start of their event.

Swimmers who participated at the 2026 Asian Games, 2026 Junior Pan Pacs, 2025 SEA Games, are not allowed to race at the Singapore Aquatics SwimFaster Awards.

Public Swimming Pool Admission Fees

Admission fees apply to all attendees, including athletes, coaches, team managers, officials, parents and supporters. Entry must be made via the MyActiveSG+ app, in accordance with ActiveSG's prevailing admission policies.

Category	*Singaporean/ Permanent Resident*	*Standard Rate*
	Weekday Rate (excluding PH)	
Adult	*$1.50*	*$2.00*
Child/ Senior Citizen	*$0.8*	
Other Concession	*$1.10*	*$1.10*

2. Registration

2.1 2026 Annual Registration Fees

Starting from 2022, all swimmers *(regardless of whether they belong to an affiliate club)* who participate in SAQ-organised SAQSFA must pay the 2026 Annual Registration Fee which will be S$43.60 (inclusive of 9% GST) per swimmer. For those who have paid in previous SAQ organised or sanctioned meets in the earlier part of 2026, this payment is not required.

Swimmers are also to register on our online platform: https://ssa.swim-community.net/
If the 2026 Annual Registration Fee has been paid via the platform, please do let us know.

Swimmers who do not have a club that is affiliated with Singapore Aquatics can register under the club "SAQSFA".

2.2 Individual Event Fees

Each event costs $16.35 (inclusive of 9% GST).
Events must have at least 4 participants to commence.

Late entries* will cost $32.70 (inclusive of 9% GST).
**(Any entries submitted after 18th November, 5pm)*

For affiliate clubs & international schools, an invoice will be issued.

For non-affiliates/individuals, an email with the total amount payable will be sent to you for payment separately after the entry's deadline. You will be able to make payment via PayNow QR code, please do state your swimmer/child's name when making payment.

2.3 Registration

For Unattached Swimmers/ Non-Affiliated Club registrations must be submitted by 18th November 2026, 5pm.

For Affiliated Clubs registrations must be submitted by 23rd November 2026, 5pm.

Swimmers belonging to SAQ Affiliate Clubs:

- Please submit your entries to your club.
- Your club will then send us their HyTek Team Manager File.

Age Eligibility

- Minimum Age: **5 years old (born in 2021)**
- Maximum Age: **77 years old (born in 1949)**

Swimmers who are with clubs that are not SAQ affiliates or are with independent coaches:

- Manual submission using this **registration link** here.
- Please email the to swim.entries@sgaquatics.org.sg if there are any questions.

2.4 Entry Times

- Entry times may be based on swimmers' timings recorded during training sessions.

- All participants are encouraged to provide an entry time to facilitate accurate event seeding, scheduling and the smooth running of the competition.

2.5 Late Individual Event Entry Fees

- Any entries submitted after the 18th November 2026, 5pm (Unattached Swimmers/ Non-Affiliated Club) and 23rd November 2026, 5pm (Affiliated Clubs) will be subject to a late entry fee of $32.70 (inclusive of 9% GST). Late entries will only be accepted until **25th November 2026, 12pm.**
- Once the start list is out on 27th November 2026, no more changes nor entries will be accepted and added.

3. Order of Events

This is the tentative order of events. This order of events will only be confirmed with the release of the start list on 27th November 2026. SAQ may rearrange the order of events to ensure the smooth running of the event. The exact start time is also subject to change depending on the entries received.

Registration Closes on 18th November 2026, 5pm (Unattached Swimmers/ Non-Affiliated Club) and 23rd November 2026, 5pm (Affiliated Clubs) or when the entries accepted have filled up the event timeline.

Events for 3rd December 2026 (Thursday):

9.00am – 9 years and under

1. 50m Breaststroke	9 years and under
2. 50m Backstroke	9 years and under
3. 100m Freestyle	9 years and under
4. 100m Butterfly	9 years and under
5. 200m Individual Medley	7 – 12 years old (*seeded slowest to fastest)
6. 200m Breaststroke	7 – 12 years old (*seeded slowest to fastest)
7. 200m Backstroke	7 – 12 years old (*seeded slowest to fastest)

11.30am – 10 years to 12 years *(start time subject to change depending on number of entries received)*

1. 50m Breaststroke	4. 400m Freestyle
2. 50m Backstroke	5. 100m Butterfly
3. 100m Freestyle	6. 1500m Freestyle^ *(11 years and above only, will be seeded according to entry time.* ***There will only be 30 slots available on a first come first serve basis****)*

2.30pm – 13 years and over *(start time subject to change depending on number of entries received)*

1. 50m Freestyle	5. 100m Backstroke
2. 50m Butterfly	6. 200m Freestyle
3. 100m Breaststroke	7. 400m Individual Medley
4. 200m Butterfly	

Events for 4th December 2026 (Friday):

9.00am – 9 years and under

1. 50m Freestyle	9 years and under
2. 50m Butterfly	9 years and under
3. 100m Breaststroke	9 years and under
4. 100m Backstroke	9 years and under
5. 200m Freestyle	7 – 12 years old (*seeded slowest to fastest)
6. 200m Butterfly	7 – 12 years old (*seeded slowest to fastest)



11.30am – 10 years to 12 years *(start time subject to change depending on number of entries received)*

1. 50m Freestyle	4. 100m Backstroke
2. 50m Butterfly	5. 400m Individual Medley
3. 100m Breaststroke	6. 800m Freestyle^ *(11 years and above only, will be seeded according to entry time. **There will only be 40 slots available on a first come first serve basis**)*

2.30pm – 13 years and over *(start time is subject to change depending on number of entries received)*

1. 50m Breaststroke	5. 100m Butterfly
2. 50m Backstroke	6. 200m Individual Medley
3. 100m Freestyle	7. 200m Backstroke
4. 200m Breaststroke	8. 400m Freestyle

Times achieved here can be used towards the Time Standards for Singapore Aquatics competitions



4. Award Time Standards

50m

Stroke	Bronze	Silver	Gold
Freestyle	≤1:12	≤1:08	≤1:05
Breaststroke	≤1:28	≤1:24	≤1:20
Backstroke	≤1:17	≤1:14	≤1:10
Butterfly	≤1:28	≤1:24	≤1:20

100m

Stroke	Bronze	Silver	Gold
Freestyle	≤2:42	≤2:36	≤2:30
Breaststroke	≤3:31	≤3:23	≤3:15
Backstroke	≤3:14	≤3:07	≤3:00
Butterfly	≤3:47	≤3:38	≤3:30
Individual Medley	≤3:14	≤3:07	≤3:00

200m

Stroke	Bronze	Silver	Gold
Freestyle	≤5:36	≤5:29	≤5:20
Breaststroke	≤7:53	≤7:44	≤7:30
Backstroke	≤7:21	≤7:13	≤7:00
Butterfly	≤7:53	≤7:44	≤7:30
Individual Medley	≤7:21	≤7:13	≤7:00

400m

Stroke	Bronze	Silver	Gold
Freestyle	≤11:12	≤10:59	≤10:40
Individual Medley	≤14:42	≤14:25	≤14:00

800m

Stroke	Bronze	Silver	Gold
Freestyle	≤22:11	≤21:45	≤21:20

1500m

Stroke	Bronze	Silver	Gold
Freestyle	≤41:12	≤40:48	≤40:00

5. Certificates

Certificates will be awarded to each swimmer who achieves the qualifying timing for the respective Gold, Silver, or Bronze award and has not been disqualified.

Certificates will be issued digitally to affiliated clubs. For unattached swimmers and those from unaffiliated clubs, certificates will be sent to the email address during event registration. A download link will be shared within one working week after the conclusion of the competition. The download link for the certificate will only be valid for 1 week from the date of issue.

Please note that results will first be processed and sorted according to the respective award levels (i.e., Bronze, Silver, Gold) before certificates are issued.

For any enquiries regarding certificates, please contact swimsingapore@sgaquatics.org.sg.

6. Key Dates

- **Unattached Swimmer/ Non-Affiliated Clubs** Entries Deadline: 18th November 2026, 5pm
- **Affiliated Clubs** Entries Deadline: 23rd November 2026, 5pm
- Last day to verify entries: 25th November 2026
- Payment deadline: 25th November 2026, 5pm
- Start List release date: 27th November 2026
- Event Dates: 3rd – 4th December 2026

All Participants who are entered in the 5th Singapore Aquatics SwimFaster Awards are deemed to have given written permission to the Organizers for the Organizers to collect, analyse and collate any personal information relating to that Participant, as the Organizers may in their sole discretion deem fit, including without any limitation information for the Organizers' programme, planning, date-processing, statistical or risk-analysis, research, fund-raising and/ or, any other purposes in furtherance of the functions or powers of Singapore Aquatics.

Whilst reasonable precaution will be taken by the Organizers to ensure the Participants' safety, Participants take part in the event at their own risk, and the Organizers will not be responsible or held liable for any injury or death howsoever arising from training for or during participation in the event. Participants are strongly encouraged to consult their medical practitioner prior to registration and before the actual race day.

In the event of harsh weather conditions that could result in the cancellation of the event, Singapore Aquatics reserves the right not to refund entry fees or any other charges submitted by the teams and/ or individuals at the event.